

# A Study of Financial Planning and Investment Planning of Individuals

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**Abstract:** *Financial planning is the process of reviewing an individual's financial goals, identifying his life goals, and then taking the required measures to attain those goals within a predetermined time frame. It is a method of quantifying a person's needs in monetary terms. This research seeks to address the following questions: how can an investor plan for his financial resources? What is the investor's perspective on short- and long-term objectives? The researcher has obtained primary data by surveying the investing objectives and risk profile of investors. Comprehensive research on every element of this topic revealed that Financial Planning is a dynamic and adaptable concept that requires regular and systematic examination, sound management, good judgment, and action.*

**Keywords:** Planning, objective, individual, and investment

## I. INTRODUCTION

Financial planning encompasses more than simply investments. There are numerous approaches to utilise a business plan throughout the economic time. Investing independently in a life insurance product is meaningless if you do not know the required coverage level, if the expired product is appropriate, or if life insurance is required.

Everyone in the world generates money in order to fulfil one or more of their life goals. People use the money for pure goals, such as paying their everyday costs to purchase exotic pleasures to improve their quality of life. Payments can be recorded, accumulated, and increased to support a person or group's diverse financial objectives. Such as schooling, life insurance, marriage, the purchase of a home, retirement, and even the transfer of wealth to the market's next generation of power. The money earned is utilised to finance certain immediate expenses or a long-term objective. When a payment is received to support one of the organization's future objectives, it must be invested wisely to provide the highest possible return while minimising expenses and risks. Individual's risk profile, time horizon of the objective, and taxation Aspects pertaining to individual finances. Since 2012, financial planning has grown steadily.

Individual financial planning and investing is a vital element of every person's life, especially in the current world when everything is valued in terms of money. Compared to the length of a person's life, the active working period is brief. It indicates that people will spend around the same number of years in retirement as they did during their active working years.

Therefore, it is vital to save and invest while working in order to continue earning money and enjoying a decent lifestyle. Financial planning enables an individual to establish their goals and objectives, evaluate their present financial situation, and take the necessary actions to attain their goals and objectives. It helps us comprehend how our financial actions have affected our lives.

Individual financial planners are available to everyone who wishes to start a business, not just the wealthy. Everyone can benefit from objective assistance to generate, build, amass, and employ wealth to methodically achieve personal and family goals, as well as other lifestyle goals. Financial advisers can help retirees attain their ultimate goal of a tranquil retirement without sacrificing living standards or addressing the other issue. A qualified financial advisor will advise on Systematic savings Investment Cash Flow Management, Debt Management, and Assets Allocation Risk management through insurance preparation.

The financial planning is a profession for individuals with excellent communication skills and knowledge of the financial services business. He could work as a financial planner for a bank, an insurance firm, or his own practise. Understanding the suitability of the goods you advise individuals to purchase based on their risk tolerance, age, and time frame of aims and objectives is crucial. Financial advisors must remain current on new products, services, and tax

legislation that may be beneficial to their clients. This field requires continual education for a lifetime. A reliable financial planner can play a crucial part in people's lives, assisting them in achieving goals such as home ownership, children's education and marriage, and an active retirement.

## **II. LITERATURE REVIEW**

### **Agarwal et al (2015)**

Agarwal et al. investigate the association between financial planning and personal investment from 2015 to the present. He also does multivariate analysis to get his conclusion. In his study, he discovers that the likelihood of receiving accurate responses on financial literacy is greater for male respondents than for female respondents, and increases with education level and aggressiveness.

### **Ramakrishnan (2012)**

Ramakrishnan analyses the relationship between financial planning and personal investment from 2012 to the present. He also does multivariate analysis to get his conclusion. He concludes that financial literacy is crucial not only for individuals but also for businesses and the economy. Authorized consumers make better decisions for their own well-being, thereby enhancing the general welfare.

### **Dow (2009)**

Dow Analyze the relationship between financial decision-making and individual investment from 2009 to the present. In addition to using data from the Survey of Consumer Finances, he employs multivariate analysis to reach his conclusion. He concludes that stated investment horizons are crucial for asset allocation. Our paper contributes to the field by analysing the investment horizon as a growth variable rather than a marginal one. It is uncertain which elements other than age will have an impact on financial planning. Other socioeconomic variables 140 that have been determined to be crucial for financial decision-making can provide some insight.

### **Campbell (2006)**

Campbell examines the relationship between individual financial management and individual investment in 2006 and provides an outline of some of the most important concerns in family or personal financial management. He also does multivariate analysis to get his conclusion. He concludes that the relationship between time and investment behaviour is one of the fundamental issues. While little research has been conducted on the causes of investing horizons, there has been extensive research on how rational, forward-looking investors should behave. For instance, conventional investment advice recommends that as an investor ages, their asset allocation should shift from equities to bonds.

### **Tacchino (2004)**

Tacchino examines the relationship between individual financial planning and individual investment as well as the role of the financial planner in 2004. He also does multivariate analysis to get his conclusion. Like the demography of ageing, he finds that financial planners do not appear to be concerned with the biology of ageing, family relationships, and social support. It is becoming increasingly apparent that interdisciplinarity is important for professional service. A comprehensive study of the social sciences as they pertain to senior living and older Americans is the next step in the discipline of retirement planning, estate planning, and investment planning.

Another significant revelation gained from demography concerned females. The knowledge that women have a higher life expectancy than men affects the financial planning of families. Older single women and widows have the highest incidence of poverty. Because widowed women are less likely to remarry than widower men, the financial planner must protect the client against the future with products such as join-and-survivor annuities, whole life products to guarantee the lives of deceased husbands, and additional pre-retirement savings. Financial planning include not only investment planning but also life planning. Thus, a person can have a comfortable and secure economic existence with prudent financial planning.

Investment is the use of finances to acquire assets in order to generate income or capital appreciation. The two characteristics of an investment are time and risk. Present consumption is sacrificed in exchange for future gain.

Depending on the sacrifice that must be made, the future recovery may be questionable. This characteristic of investment denotes the risk component — the risk assumed in order to earn a return from the investment.

Financial services are services offered by the finance sector. The financial business is comprised of numerous organisations that manage money. Banks, credit card firms, insurance companies, consumer financing companies, stock brokerages, investment funds, and a few government-sponsored enterprises are among these entities. Financial planning is one such consulting service that investors have yet to recognise. Financial planning is not a novel notion, but it must be carried out in an organised manner. This service is currently supplied by Insurance agents, Mutual fund agents, Tax consultants, Equity Brokers, Chartered Accountants, etc. Different agents offer varied services and are product-focused. A financial planner, on the other hand, is a service provider who assists an individual in selecting the appropriate product mix for accomplishing their objectives.

The six-step process for financial planning is obsolete. This client self-assessment identifies personal goals and financial goals and objectives, as well as financial problems and opportunities. It also involves determining recommendations and alternative solutions, implementing an appropriate strategy to attain goals, and periodically reviewing and revising plans.

The foundation of financial planning is contingency planning, which is also the most neglected. The purpose of contingency planning is to be ready for a major unforeseen calamity if it occurs. These situations include illness, injury to a family member, and loss of regular income due to job loss. Such circumstances are uncertain, but if they arise, they could cause financial difficulty. Therefore, a person should have sufficient liquid assets to cover this risk. Behavioral finance considers the rational and irrational motivations of investors as defining the long-term construction of prices in financial markets. Traditional finance, on the other hand, attempts to comprehend financial requirements by employing models based on the rational behaviour of investors.

Investments can be defined as the process of "sacrificing something now in order to gain something in the future," or acquisition is the "sacrifice of a given present value for an uncertain future payoff." Investment decisions include balancing risk and profit. All investment decisions made at various moments in time in consideration of personal investment objectives and an unpredictable future. Inasmuch as the acquisition of stocks is revocable, investment goals are ephemeral, and the investing environment is flexible, the solid foundations for reasonable expectations diminish as one considers the distant future. Therefore, investments in securities will periodically reassess and reevaluate their various investment commitments in light of fresh facts, altered expectations, and new objectives. Investment is the use of finances to acquire assets in order to generate income or capital appreciation. The two characteristics of an investment are time and risk. Present consumption is sacrificed in exchange for future gain. The sacrifice that must be made, particularly the future recovery, may be unpredictable. This investing characteristic reflects the risk factor. The risk-taking investor expects a return from the investment.

The surplus problem raises the question of where to invest. Historically, investment opportunities were confined to real estate, the post office's plan, and banks. At now, investors have access to a vast array of investment opportunities suited to their needs and nature. Investors have access to information about the various investment options, allowing them to make informed decisions. Investors are chosen based on their needed rate of return and risk tolerance. The investment options range from typical non-security investments to financial securities. The financial instruments may or may not be negotiable.

The negotiable securities are transferable financial instruments. The negotiable securities may generate variable or fixed returns. Similar to equity shares, securities are variable income securities. Fixed income is generated by bonds, debentures, IndraVikasPatra, KisanVikasPatra, and the money market. For the economist, investment is the net addition of products and services employed in the production process to the nation's capital stock. The net addition to capital stock indicates a rise in buildings, machinery, or investments. These capital stocks are utilised in the production of other goods and services.

Investing in diverse sorts of assets is a growing activity that attracts individuals from all walks of life, regardless of their career, socioeconomic standing, level of education, or family history. A potential consumer calls when he has more money than he needs for immediate use. The investor with excess funds could invest in securities or other assets, such as gold or real estate, or simply put the funds into a bank account. Companies with more income may wish to invest

their funds in the expansion of their present business or in the initiative. In a broader sense, each of these activities represents an investment.

a) Investors anticipate a respectable rate of return on their investments at all times. The quality of return could be defined as the investor's total income during the holding term expressed as a percentage of the purchase price at the start of the holding period.

b) The risk associated with holding stocks is proportional to the likelihood that the actual return will exceed the predicted return. The word risk is synonymous with the phrase return variability. A riskier investment is one whose rate of return fluctuates greatly from period to period, as opposed to one whose rate of return remains relatively constant. By combining diverse securities in an optimal manner, every investor seeks to lower his investment's risk.

- Unstructured risk
- Systemic danger

Due to a lack of raw materials, management disagreements, etc., an unsystematic risk occurs. Because it is uncontrollable, it is regarded as internal risk.

Political, economic, and social forces generate systematic hazards. It is also referred to as controllable hazards, and thus is an External risk.

Investment planning is the act of aligning your financial objectives and goals with your financial resources. Financial planning is fundamentally comprised of investment planning. There cannot exist one without the other. When you have defined your financial goals and objectives, you can begin the process of investment planning. Financial Planning is intended to assist align your financial resources with your financial goals. There are several investment options. The most prevalent are cash, stocks, bonds, and real estate. Each of these has additional features, and a successful investing strategy will typically include them all.

By assisting you in establishing definite and quantifiable objectives, we can match the optimal combination of investments to each unique purpose. It is crucial to establish a solid foundation from the outset, and if your circumstances change, we can assist you make any required adjustments to stay on course.

### III. CONCLUSION

The exhaustive research on every area of this topic demonstrates that Financial Planning is a dynamic and adaptable concept that requires regular and methodical examination, sound management, sound judgment, and appropriate action. It can also be concluded that clients or investors should begin planning as soon as possible, establish quantifiable objectives, consider the larger picture, and not expect unrealistic returns on their investments; the plan's value rests in its implementation. It correctly reflects the goals you have set for yourself.

It is also possible to conclude that by combining various equities, we can minimise portfolio risk and boost returns. By designing a portfolio, we can only decrease unsystematic risk; systematic risk cannot be minimized. Before selecting a certain stock for the portfolio, a thorough Fundamental and Technical Analysis must be conducted. This reduces the danger involved.

The Financial Planning Service, which was not as popular as other services in the past, has gained a great deal of importance and popularity, and it will earn more recognition in the future as people realise its significance. A financial planning service is a necessary and valuable investment tool for achieving your life goals through the effective management of your assets.

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