

International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

Volume 2, Issue 1, June 2022

# Self-Expression and Creativity - The Major Benefits of Fine Arts Learning and Design Preparation

# Dr. Harish Purohit<sup>1</sup> and Mrs. Sarita Rajpurohit<sup>2</sup>

Assistant Professor, Department of Commerce &Management<sup>1</sup> Senior Lecturer, Department of Fine Arts<sup>2</sup> Shri Jagdish Prasad Jhabarmal Tibrewala University, Jhunjhunu purohitharish46@gmail.com and saritapurohit1984@gmail.com

**Abstract:** "Creativity is piercing the mundane to find the marvelous." – Bill Moyers
Every child is naturally gifted with innate abilities which form an intrinsic part of their personality. At
Furtado's School of Music, we believe in the power of creativity as we encourage young impressionable
minds to channel their creative ideas in the right direction. We aspire to celebrate every unique aspect of a
child as we provide them with a platform to indulge in a plethora of learning opportunities through the
discipline of Fine Arts.

Keywords: Expression, Creativity, Learning, Major Benefits, Personality Development

#### I. INTRODUCTION

As we dive into the realm of Fine Arts, we attempt to unearth its diversified benefits which encourage creative expression and growth among children.

#### **Builds a Growth Mindset**

As students passionately engage in the creative process they imbibe a resilient spirit which becomes their driving force in life. Through various creative outlets unveiled by distinct forms of fine arts, children gain an enriching experience that stimulates their inner creativity and aspirations. As they continue to progress in their artistic endeavors, they develop a personal relationship with their art and begin to pursue it outside the realm of external awards, for their own sense of fulfillment. Their exposure to fine arts instills a strong urge for personal growth and fervent passion in them which encourages them to pursue their dreams and ambitions. This newly found growth mindset among children helps them in gaining mastery over every venture that they undertake, as they continue to evolve into confident individuals with flair of creativity and innovative thinking. Their inner conviction propels them to pursue excellence in every artistic attempt.

# **Opens Different Creative Avenues**

As children step into the wondrous world of artistic wonder, they open doors of opportunity at a personal as well as professional level. It is very essential that parents encourage their children to pursue diversified forms of creativity at a very young age which helps them nurture their imagination and evolve into emotionally competent individuals. Through the medium of fine arts, students embark on a journey of lifelong learning, as they adopt a multifaceted approach towards life. It promotes the development of their cognitive abilities along with a knack to come up with creative solutions to everyday problems. By passionately engaging in different creative avenues brought about by their relationship with fine arts, children spark positivity in their lives which also provides them with a sense of personal accomplishment. We truly believe that children can excel and grow into passionate individuals, as they venture into the domain of Fine Arts.

# An Outlet for Self-Expression

Exposure to different outlets of creativity creates a healthy environment for a child to indulge in self-expression. Children evolve into curious individuals with a thirst for knowledge as they exhibit their eagerness to learn from their surroundings. By allowing children to express their creative interests through the medium of music, art, painting, dance

**Copyright to IJARSCT DOI: 10.48175/568**960



# International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

#### Volume 2, Issue 1, June 2022

and other diversified forms of fine arts facilitate creativity among young minds as they embark on their journey of selfexpression. It gives an edge to their overall personality, as children blossom into confident individuals with a welldeveloped sense of artistic expression. Creative expression cannot be curtailed or limited to academic performance but goes beyond the scope of academia and encompasses the realm of fine arts.

#### A Profound Cultural Understanding

As students display an ardent interest in fine arts, they begin to develop a profound appreciation for different cultures and forms of artistic expression. By immersing themselves in their learning's they begin to view the world from a holistic perspective which enhances their world view. Their newly established cultural awareness is translated into their own individual identity which inspires them to participate in critical thinking by employing different artistic strategies. They begin to articulate their ideas and opinions in a more nuanced manner which demonstrates their ability to articulate and visualize their ideas in a refined manner. Their appreciation for fine arts reinforces a feeling of warmth towards humanity, as it enables them to appreciate the finer things in life.

Thus, Fine Arts learning and design preparation cannot be solely viewed through the lens of recreation and perceived as an individual pastime, it does more than providing children with a temporary diversion. It must be recognized as a passionate professional domain, which empowers young minds to achieve the best in life. By providing a plethora of Fine Arts Courses, we aim to create long-lasting learning experiences in the lives of our students as we paint their world with passion and enthusiasm.

## How Parents can help kids to Explore Creativity with Hobbies Classes

Creative minds view things differently and always have an optimistic approach to life. They adapt through all the uncertainty with their highly perceptive ideas and creatively engage in finding creative solutions to complex outcomes. Creativity is not limited to artistic or musical expression; rather it diverges into different forms of linguistic, spatial, kinesthetic, and even social and emotional intelligence. Therefore, fostering creative interests among young impressionable minds is pivotal within their formative years as it enables them to grow into highly futuristic and innovative beings. These diverse forms of activities that propel imagination and creative thinking provide children with the opportunity to emerge as problem solvers with unconventional ideas and a refined outlook towards life.

There are various avenues through which kids are able to explore their creativity by fully participating in different classes that promote their hobbies along with their creative interests;

#### **Overall Personality Development**

Pursuing a hobby is always an enriching experience that challenges you in a number of ways by exposing you to different ideas and experiences which promotes growth among children. These interest-based leisure activities are appealing, exciting, and relaxing and at the same time inspire us to grow into confident individuals with a flair for creativity. Constant encouragement from parents or teachers to indulge in these recreational activities helps children in productively utilizing their time and investing it in their physical, cognitive as well as socio-emotional well-being. By creatively engaging in their hobbies children develop dynamic ideas and at the same time confront different aspects of their personality which otherwise are lost in the stagnancy of life. When children begin to excel in the activities that they undertake, it boosts their confidence and they learn to take pride in their personal accomplishments. It ignites a flame of creativity within them which gives an edge to their personality.

## **Invokes a Sense of Curiosity**

Children are gifted with immense curiosity that adds to their essence of creativity as they learn to direct their curiosity towards different creative avenues. Through the medium of classes that highlight different interests and hobbies, parents and teachers can nudge their children in the right direction to explore different aspects of their personalities by imbibing creative interests in the form of hobbies. They can be exposed to the diversified artistic cultures of the world along with distinct forms of performing arts that unveil the rich cultural heritage of the world by involving them in meaningful discussions that spark their creative interests. By entering into a world of creative awe and wonder children are pushed beyond the scope of conventionalism as they embrace a visionary worldview. Their curiosity pushes them to

DOI: 10.48175/568



# International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

Volume 2, Issue 1, June 2022

take their personal interests to the next level and engage with them on a holistic basis where their creative talents are demonstrated in every task undertaken by them.

#### Gives them the Opportunity to Exhibit their Creativity

Engaging in diversified forms of activities opens up diverse outlets for creative expression by driving the imagination of young minds in various directions. Hobbies classes that invest in bringing out an element of creativity in children also give them ample opportunities to express all forms of creative intelligence as well as the chance to explore their creative side. Creativity is a skill that is refined with time, an ability that can be facilitated by parents by encouraging their children to participate in a wide range of activities. No matter what creative avenue you pursue, be it music, photography or painting, you can always find a hobby to develop your skillset along with awakening your creative potential.

#### Helps in the Development of the Left Brain

Hobbies are stimulating activities that help in sharpening the creative aspect of your brain by giving children the chance to express their creativity and highly imaginative thinking. Learning a certain form of art or engaging your brain in discovering a new language or exploring a new culture improves the cognitive area of your brain which leads to subsequent development among children. It generates problem-solving capacity along with enhancing your mental abilities and executive motor skills which eventually defines your ability to thrive in a highly creative environment. Building an innovative mindset is a process of a lifetime, a process that is accelerated with creatively gripping activities in the form of hobbies. Hobbies push you to think outside the box, far apart from the realms of the ordinary while giving you a creative boost. It adds a new learning curve altogether, as you push yourself beyond your comfort zone and begin to adopt visionary thinking.

Thus, hobbies open the doors to creativity among young minds and at the same time add a pinch of vigor and excitement in the monotony of their lives by enabling them to live vicariously through their creative passions and endeavors.

# Things to give special attention while taking online painting lessons

From picking a brush to painting a colorful masterpiece, online art classes provide you with the luxury of learning to paint at your own pace, in the comfort of your own home. As we embrace new methods of learning in an unconventional setup, we assure you, a learning environment that stems from creative thinking and innovation.

As you explore different modes of creativity and artistic styles, there are a number of ways through which you can fully benefit from the course:

## Use it as an outlet for creativity

By engaging with art in the comfort of your own home, it gives students the opportunity for creative expression as it unearths their hidden talents as well as their creative abilities. They learn to develop a therapeutic relationship with art and direct their creativity into a healthier environment. It brings about personal growth as children explore different creative aspects of their personality which otherwise lie dormant due to the monotony of life. Students will learn the art of self-expression as they creatively color their ideas on a blank sheet of paper, gradually gaining confidence to trust their creative ideas and abilities. They develop an introspective nature which gives them a firm understanding of things around them as they release their creative thoughts on paper which adds more complexity to their work. By creatively engaging with their drawing lessons online their ideas become more dynamic in nature as children begin to acknowledge their emotions and process them visually in a meaningful manner.

#### Engage with it passionately

Passionately engaging with their art and craft classes online helps students relax and creates memorable experiences for them which enhance their overall well-being. It takes their mind off their worries by giving them the opportunity to creatively engage with it and explore diverse passions and creative abilities. As students familiarize themselves with different forms of art, it inculcates the passion of learning and keeps the flame of creativity alive within them. They

DOI: 10.48175/568

Copyright to IJARSCT www.ijarsct.co.in

962



# International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

Volume 2, Issue 1, June 2022

develop a keen interest and appreciation for art which gives them the outlet to express their ideas more openly and adds to the beauty of their art piece. Children adopt an open mind to challenges and it also opens the space for inane mistakes as it transforms into a pleasurable activity rather than a monotonous task at hand. Online art classes for kids prove to be a learning experience and an efficient stress buster which ignites their creativity in every possible manner.

#### **Practice the art of consistency**

Every artistic endeavor is a process in itself that steadily develops with consistent time and effort. As you continue to grow as an artist, your creative visions gain more momentum and are refined over a period of time. This newly found creative complexity requires more time, attention, and technique to actualize every creative quest that you undertake. Thus, students should prepare themselves accordingly and should be willing to contribute a significant amount of their time to their artwork. Eventually, they will realize that a creative process is something that is crafted with time, and developing one's skill set and artistic techniques don't happen overnight! However, with dedicated efforts and consistent practice, children will learn to see their ideas through to the end and develop the confidence to explore through different creative endeavors. They will gain artistic precision and will gradually be able to discern between various art forms and find their own individual identity in the world of art and craft.

# Develop an informed approach towards art:

As a child completely immerses himself in the creative process, his mind is exposed to different modes of artistic styles and techniques introduced by various artists all over the world. By developing an informed approach towards art, children are instilled with a sense of awareness which further translates into their work of art. It also helps your child form an individual interpretation of different artistic schools of thought and styles along with an evolved sense of appreciation towards diversified art forms. Along with this budding sense of appreciation, children learn to form a nuanced understanding of different artistic perspectives until they are able to discover their own individual style of art. With a developed sense of awareness towards different artistic cultures all over the world, students are able to formulate a more holistic approach towards their paintings and art pieces. An elaborate and informed reading will inspire students to observe more closely, think critically, and engage with their art by obtaining distinct visual thinking strategies.

# Create solid foundation for your acting career with online drama school

Your wondrous journey in the realm of acting will unfold as soon as you step into the world of theatrical wonder and awe. In the wake of restrained social guidelines along with the increase of remote engagements we are navigating towards a highly virtual world as we embrace digital methods of learning. These methods unfurl an array of new possibilities as we aim to sow the seeds of acting at a very young age. By embracing unconventional modes of learning we aspire to witness highly enthusiastic minds get on their feet and bring out the best version of themselves by exploring different aspects of their personality.

# The comfort of familiarized settings:

Within the familiar layout of your own home, your curiosities are extended beyond the four walls of a confined space which sparks imagination and ultimately gives you the freedom to explore beyond the conventional modes of learning. With the unlimited access to material and props students have the levy to design and accessorize their own costumes by giving them an individual touch. By practicing resourcefulness, students can think outside the box and extend their creative and lateral thinking skills. Along with the onus of being responsible for their own shoots, students are also introduced to different filming techniques which bring about spatial awareness that gives them the creative freedom to capture their desired movements and expressions by broadening the aspect of innovation.

#### **Constant Mentorship**

Constant guidance and support from the instructors will grant students the confidence to unabashedly be their true selves by putting their heart and soul into their performance. They will be encouraged by their mentors to openly face the challenges that come their way along with receiving open criticism and feedback on their theatrical abilities which at times is very difficult to stomach, but it prepares them to face the competitive and fast-paced world of acting with

DOI: 10.48175/568



# International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

Volume 2, Issue 1, June 2022

more ease and confidence. A nudge from their instructors in the right direction will pave their path to greater opportunities within the world of performing arts and give them a clear picture of their future endeavors. With a frequent appraisal, students will be endowed with a sense of accomplishment along with uplifting their spirits to wholeheartedly pursue online acting classes.

#### Grant you with new learning experiences

As students familiarize themselves with the different modes and conventions of acting, they learn to step out of their comfort zones and welcome a new set of experiences. They gain a nuanced understanding of the world of performing arts by being introduced to different methods and strategies involved in performing along with the distinct schools of thought in acting, character development, and the varied aspects of the stage and costume design. Gradually, students are prepared for the inevitable countless auditions that lie ahead of them within the professional space as they develop the required skillset and gain the confidence to venture towards a solid career in acting. Their young minds are trained to view and engage with theatre through a holistic lens as they continue to hone their acting skills and be inspired in that process.

## **Personality Development**

Enrolling in an online drama class will give your kid the outlet to release their innermost emotions and feelings in a much safer and controlled environment thereby allowing them to introspect and develop a healthier attitude towards life. Acting lessons are a medium of self-expression which gives children the confidence to fearlessly put forth their opinions and reinforces trust in their creative abilities. The art of improvisation will enable children to gauge difficult situations and rise to the occasion with their quick thinking while steering towards unfamiliar situations. It also instills a newly found appreciation towards arts and culture along with conferring children with empathy as they form a greater understanding of their roles and learn to relate to dissimilar backgrounds and cultures. By exposing children to different modes of voice modulation and vocal projection it helps in articulating their speech in a much-refined manner which also gives an edge to their overall personality. The drama also brings in an element of humor and laughter which works as a great stress buster and improves their level of concentration along with enhancing their memory through a consistent rehearsal of their lines and movements.

Thus, as children make their debut in the theatrical world of drama, we provide nothing but the best of online classes with the most engaging acting lessons that enable them to make better creative choices by opening a world full of learning possibilities. From the expansion of curiosity to a more personalized interaction, students are compelled to freely move their bodies, activate their voices and spark their imagination.

DOI: 10.48175/568