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Detection of Milk Products Adulteration using ML and IoT Sensors

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Abstract: Milk adulteration has become one of the most pressing issues in the food and dairy industry, posing serious health hazards and economic losses to consumers. Traditional testing methods are often manual, time-consuming, and laboratory-dependent, making them unsuitable for quick, on-site analysis. To overcome these limitations, this project "Detection of Milk and Milk Product Adulteration using Machine Learning and IoT Sensors" introduces a smart, automated, and real-time detection system using integrated sensor technology and artificial intelligence. The proposed system utilizes an ESP32 microcontroller integrated with a pH sensor, colour sensor (TCS34725), gas sensor (MQ series), temperature sensor (LM35), load cell with HX711 amplifier, and moisture sensor to capture multiple physical and chemical properties of milk. These readings are transmitted through Wi-Fi to Firebase Real-time Database, where they are analysed by a Machine Learning model (Decision Tree or Random Forest) trained to detect adulteration patterns. An Android application, developed using Java/XML, displays live readings and the final classification result — Pure, Diluted, or Adulterated. The OLED display and buzzer on the device provide instant on-site alerts. This combination of IoT, AI, and cloud technologies ensures reliable, fast, and cost-effective milk quality assessment suitable for dairy farms, collection centres, and household testing.

Keywords: IoT, Machine Learning, ESP32, Firebase Realtime Database, pH Sensor, Milk Purity Detection, Colour Sensor, Gas Sensor, Temperature Sensor, Adulteration Detection, Android Application.

I. INTRODUCTION

Milk is one of the most important dietary commodities consumed across the world and serves as a vital source of essential nutrients such as calcium, protein, and vitamins. However, in recent years, milk adulteration has emerged as a serious public health and economic concern. Unscrupulous practices involving the addition of water, detergent, urea, starch, or synthetic chemicals compromise milk quality and can lead to severe health issues including gastrointestinal infections, kidney damage, and long-term toxicity. The lack of real-time monitoring and dependence on manual laboratory testing have made early detection and prevention of adulteration extremely challenging, particularly in rural and decentralized dairy collection networks.

Traditional techniques such as titration, spectrophotometry, and chromatography require specialized laboratories, costly reagents, and trained personnel, making them unsuitable for rapid and field-level analysis. To address these limitations, the integration of Internet of Things (IoT) and Machine Learning (ML) technologies has opened new opportunities for developing smart, automated, and cost-effective milk quality monitoring systems. This paper presents an IoT-enabled intelligent system for the Detection of Milk and Milk Product Adulteration using Machine Learning and Sensor Integration. The proposed system employs an ESP32 microcontroller interfaced with multiple sensors including pH, gas (MQ-series), color (TCS34725), temperature (LM35), moisture, and load cell with HX711 amplifier. These sensors measure critical parameters that reflect the chemical and physical state of milk. The collected data is transmitted wirelessly to the Firebase Realtime Database, where a Machine Learning model (Decision Tree or Random Forest)

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analyzes the data to classify the milk as Pure, Diluted, or Adulterated. An Android-based application developed in Java/XML is used to visualize live readings and display classification results, enabling remote monitoring and decision-making. The system also includes an OLED display and buzzer for instant local alerts when adulteration is detected. The complete setup forms a portable and low-cost digital milk analyzer suitable for use in dairy industries, local vendors, and household applications.

By combining IoT for real-time data acquisition, cloud computing for synchronization, and ML for intelligent decision-making, the proposed system provides a scalable, reliable, and accessible solution for improving food safety and quality assurance in the dairy sector. The work aims not only to reduce human intervention but also to enhance the transparency and efficiency of milk quality monitoring, paving the way toward smart agriculture and digital food safety infrastructure.

II. OBJECTIVES

The primary objective of this review is to analyse and evaluate existing technologies, methodologies, and research advancements in the field of milk adulteration detection using Internet of Things (IoT), Artificial Intelligence (AI), and Machine Learning (ML). The review aims to identify the current limitations of conventional testing methods and explore how modern intelligent systems can overcome these challenges through automation, real-time sensing, and data-driven analysis.

Specifically, this review focuses on the following key objectives:

To study recent innovations in IoT-based milk quality monitoring systems, including multi-sensor integration, wireless communication, and cloud data management.

To assess the effectiveness of machine learning models such as Decision Tree, Random Forest, and Neural Networks in classifying milk as pure or adulterated based on sensor data.

To compare various sensors and techniques (pH, gas, colour, conductivity, and temperature) used for detecting physical and chemical adulterants in milk and dairy products.

To identify existing research gaps related to accuracy, scalability, calibration, and environmental stability of sensor-based systems.

To propose an integrated IoT–ML framework that ensures real-time detection, user accessibility, and affordability for large-scale deployment in the dairy industry.

III. LITERATURE SURVEY

1. M. G. Lanjewar, S. S. Sonavane, and P. S. Patil (2024): Machine Learning-Based Technique to Predict Water Adulteration in Milk Using NIR Spectroscopy.

This research focuses on detecting milk adulteration through Near-Infrared (NIR) spectroscopy and machine learning techniques. The authors collected spectral data from milk samples adulterated with different levels of water and trained predictive models using algorithms such as Random Forest and Support Vector Machine (SVM). The Random Forest model achieved higher accuracy and robustness in identifying subtle adulteration patterns. The study emphasizes the non-destructive nature of NIR technology, making it ideal for real-time, in-line quality monitoring. The work concludes that integrating NIR sensors with embedded ML models can significantly enhance rapid adulteration testing at dairy collection centres and processing plants.

2. A. Mamgain, R. Mehta, and S. Gupta (2024): Image-Based Detection of Adulterants in Milk Using Convolutional Neural Networks.

This paper presents a deep learning approach for identifying adulterated milk samples based on digital image analysis. The researchers captured high-resolution images of milk under different lighting conditions and used Convolutional Neural Networks (CNNs) to classify samples based on visual features such as color and texture. The proposed CNN model achieved significant accuracy in detecting adulteration by starch, detergent, and synthetic milk. The study highlights that visual AI methods can complement traditional sensing technologies, enabling mobile-based image

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analysis for quick field assessments. The authors suggest future integration with IoT frameworks for automated quality control systems.

3. V. Kumar, T. Singh, and P. Jain (2023): Smartphone-Based Colorimetric Detection of Milk Adulteration Using Machine Vision.

In this study, the authors propose a portable solution for milk adulteration testing using smartphone cameras and colorimetric techniques. Machine Vision algorithms analyse captured images to detect colour deviations caused by adulterants such as urea and detergent. The research integrates low-cost optical sensors with machine learning classifiers to improve precision. The results demonstrate that the system can identify adulteration levels as low as 1–2%, making it suitable for quick, on-site verification. The paper further discusses the potential for scaling the approach into a mobile app integrated with IoT databases for real-time reporting.

4. R. Tailor, S. Patel, and H. Gajjar (2022): IoT and Cloud-Based Food Quality Monitoring System Using ESP32 Microcontroller.

This paper explores a comprehensive IoT framework for food quality assurance using the ESP32 microcontroller. The proposed system monitors pH, humidity, and gas concentration parameters, transmitting data to a Firebase cloud server through Wi-Fi. A mobile dashboard was developed for visualizing trends and issuing alerts. The authors demonstrate the system's scalability for various food products, including dairy, and highlight its low cost and high reliability. Their findings reinforce that combining IoT sensors with cloud analytics can establish real-time traceability from production to consumption, improving consumer trust.

5. P. V. Kare, R. S. Thakare, and A. K. Deshmukh (2020): IoT-Based Real-Time Milk Quality Monitoring System.

This paper introduces an IoT-enabled milk monitoring system aimed at tracking key milk parameters like pH, temperature, and density. The setup utilizes sensors interfaced with a Node MCU microcontroller that transmits live data to a cloud platform for analysis. The system provides automatic alerts when milk quality degrades due to spoilage or dilution. The authors emphasize how IoT reduces human dependency and improves traceability in the dairy supply chain. The study's findings establish that real-time digital monitoring ensures early detection of contamination, preventing large-scale waste and improving food safety compliance.

IV. SYSTEM ARCHITECTURE

The suggested AI-Powered Real-Time Milk Adulteration Detection and Quality Monitoring System is developed as a modular, end-to-end smart solution to verify the purity and safety of milk along the supply chain. The system integrates IoT sensors, machine learning, and cloud analytics to monitor key physicochemical parameters of milk in real-time. With data from different sensors (pH, temperature, gas, color, moisture, and weight), the system can effectively monitor for adulteration and classify milk samples as Pure, Diluted, or Adulterated.



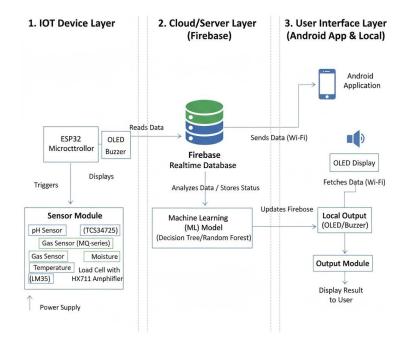


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V. APPLICATIONS

Real-Time Milk Quality Monitoring: The system can be deployed at dairy collection centers, processing units, and household levels to continuously monitor milk quality parameters such as pH, temperature, color, and gas concentration in real-time.

Adulteration Detection and Classification: By analyzing sensor data through trained Machine Learning models (Decision Tree or Random Forest), the system can accurately classify milk samples as Pure, Diluted, or Adulterated, ensuring immediate detection of contamination.

Multi-Sensor Integration: The setup integrates multiple IoT sensors—including pH, temperature (LM35), gas (MQseries), color (TCS34725), moisture, and load cell (HX711)—to capture comprehensive chemical and physical characteristics of milk for high-accuracy analysis.

Instant Alerts and Notifications: An OLED display and buzzer provide instant local alerts upon adulteration detection, while remote alerts and quality reports are sent to the Android application for real-time decision-making.

Cloud-Connected Data Analytics: Sensor readings are transmitted to the Firebase Realtime Database, enabling cloud-based analytics, historical trend tracking, and centralized monitoring across multiple milk collection points.

Dairy Industry and Supply Chain Integration: The system can be integrated into dairy supply chains to ensure product authenticity, maintain regulatory compliance, and reduce losses due to contaminated or diluted milk.

Smart Agriculture and Food Safety Applications: The collected data can contribute to large-scale analytics and smart agriculture initiatives, supporting digital traceability, food safety audits, and government quality assurance programs.

Training and Predictive Insights: The ML model can be continuously retrained using new data to improve accuracy and generate predictive insights about adulteration trends, helping stakeholders take preventive measures before contamination spreads.

VI. ADVANTAGES

- Enhances road safety by detecting drowsiness, distraction, and unsafe behaviors in real-time.
- Provides immediate audio-visual alerts to prevent potential accidents.
- Cost-effective and scalable for private and commercial vehicles.

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- Modular design allows easy integration of additional features.
- Promotes safer driving habits over time through continuous monitoring.

VII. CONCLUSION

The project "Detection of Milk and Milk Product Adulteration using Machine Learning and IoT Sensors" presents an innovative, intelligent, and affordable approach to one of the most critical challenges in the dairy industry ensuring milk purity and consumer safety. By combining the power of IoT, Machine Learning, and Cloud Computing, the system offers an automated solution capable of detecting adulteration in real time without the need for laboratory intervention. The developed prototype utilizes an ESP32 microcontroller integrated with multiple sensors including pH, gas (MQseries), color (TCS34725), temperature (LM35), moisture, and load cell (HX711) to collect key physical and chemical parameters of milk. These values are analyzed using a Machine Learning model trained to classify samples as Pure, Diluted, or Adulterated. The integration of Firebase Realtime Database and an Android application ensures that the results are easily accessible anytime, anywhere. The addition of an OLED display and buzzer enhances on-site usability by providing instant alerts and visual feedback.

Through testing and validation, the system demonstrated that IoT-based multi-sensor analysis coupled with ML algorithms can accurately detect adulteration patterns and deliver consistent results in seconds. It bridges the gap between traditional laboratory testing and modern digital food safety monitoring.

Beyond technical innovation, the system offers social and economic benefits empowering farmers, supporting dairy cooperatives, and improving transparency in milk supply chains. With further improvements such as additional sensor modules, blockchain-based traceability, and larger datasets for model refinement, the solution can be scaled to industrial and national levels.

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