

Formulation and Evaluation of Facial Scrub

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Abstract: The importance of cosmetics is increases day by day. Cosmetics help to enhance our appearance and make us feel more confident. With more cosmetics on the market today than ever before, it becomes obvious to us that they play a great role in our everyday life. So, there is huge scope in cosmetic industries.

Keywords: cosmetics

I. INTRODUCTION

The importance of cosmetics is increases day by day. Cosmetics help to enhance our appearance and make us feel more confident. With more cosmetics on the market today than ever before, it becomes obvious to us that they play a great role in our everyday life. So, there is huge scope in cosmetic industries.

1.1. Definition of Cosmetic

The FD and C act Sec 321, Title 21 provide the definition of cosmetic product. The term "Cosmetic" means Articles intended to be rubbed, poured, sprinkled or sprayed on, introduced into or otherwise applied to the human body or any part there for cleaning, beautifying, promoting attractiveness or altering appearance.

1.2 Skin [1]

The skin, also known as the cutaneous membrane covers the external surface of the body and is the largest organ of the body in weight. In adults, the skin covers an area of about 2 square meters (22 square feet) and weighs 4.5–5 kg (10–11 lb), about 7% of total body weight. It ranges in thickness from 0.5 mm (0.02 in.) on the eyelids to 4.0 mm (0.16 in.) on the heels. Over most of the body it is 1–2 mm (0.04–0.08 in.) thick.

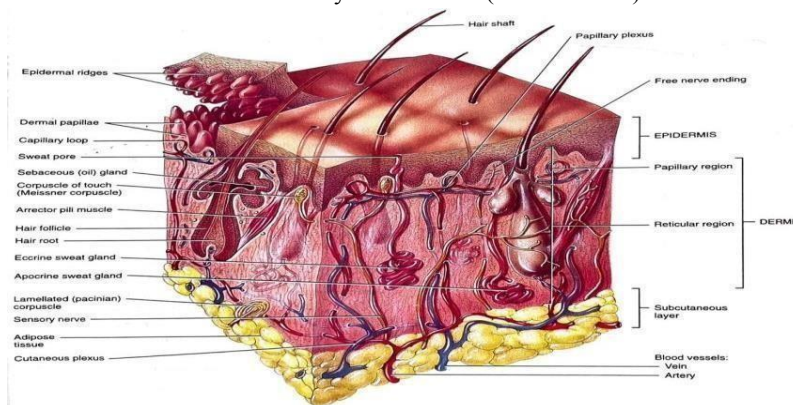


Fig.1 Skin

Many people pay attention to dry spots of skin. Drops are the name for these areas of dry skin. These are not only unpleasant, but they also make the skin look extremely dismal. You may get rid of the flaky skin and make it smoother by exfoliating your face using a facial scrub.



II. LITERATURE REVIEW

2.1 Rutuja Prashant Nangare et al. (2022) [6]

The use of natural ingredients to fight against acne, wrinkle and also to control secretion of oil is known as natural or herbal cosmetics. Herbal cosmetics are the safest product to use routine with no side effects and cosmeceuticals are the product which influences the biological function of skin. In this preparation fenugreek, coffee, coconut oil, rose water, turmeric, Aloe Vera gel, amla, honey, sodium lauryl sulfate, methyl parabens, glycerin is used as active ingredients and incorporated into the gel which is prepared with carbopol of different. The main objective of present study was to prepare a polyherbal scrub incorporated into gel. Conclusion - The goal of the current investigation was to create a multi-herbal scrub. The created scrub gel was tested using a number of factors, and it was determined to be satisfactory for use on the skin to promote health and radiance without causing any negative effects. To test the prepared scrub's irritancy, in vivo experiments will be conducted.

2.2 Gadge Rutuja et-al (2022) [7]

Creating gelled Polyherbal scrubs was the major goal of our study. Cosmetics have a part in modifying the look of the skin in both men and women's daily lives. When applied to the skin, the majority of cosmetics on the market dry quickly, lighten the skin after usage, and reduce the duration of skin issues like acne and redness. The active constituents in this mixture are green tea, aloe vera gel, rice flour, sandalwood flour, almond oil, mint, saffron carrot juice, orange peel powder, and coffee. Sodium lauryl sulphate was combined with other chemicals like methylparaben, triethanolamine, etc. in the gel. The produced gel was assessed for several factors, including appearance, pH, viscosity, Spreadability, detergency, and hypersensitivity, and it was discovered to scrub having properties- to reduce oily skin, blackheads, dirt, and to give beauty and glow for the skin.

III. AIM & OBJECTIVE

3.1 Aim

Formulation and evaluation of novel herbal facial scrub is to create a product that effectively exfoliates the skin, removing dead cells and impurities, while being gentle and safe for regular use. Evaluation ensures the product meets safety standards, delivers desired results, and aligns with consumer preferences, such as texture, fragrance, and packaging.

3.2 Objective

- **Efficiency:** Creating a formula that effectively removes dead skin cells, dirt, and impurities from the skin.
- **Safety:** Ensuring the product is safe for use on the face, without causing irritation or adverse reactions.
- **Consistency:** Developing a formula with consistent texture, scent, and appearance.
- **Stability:** Ensuring the product remains stable over time, with minimal degradation of ingredients.
- **Consumer Satisfaction:** Meeting consumer preferences regarding texture, fragrance, packaging, and overall performance.
- **Regulatory Compliance:** Ensuring the product meets regulatory requirements for cosmetic products.
- **Innovation:** Incorporating novel ingredients or technologies to enhance the efficacy and appeal of the product.
- **Cost-effectiveness:** Creating a formula that balances efficacy with cost
- To formulate the multi herbal facial scrub.
- To exfoliate the skin and get rid of dead skin cells and other impurities from surface of the skin.
- To give various effects in one formulation.
- To evaluate the various parameter to the formulation.
- To formulate the cost-effective face scrub.
- To formulate safe dosage form.



IV. PLAN OF WORK

The goal of the current work was to revitalize the skin's tone and make it healthier by removing dead cells, debris, and impurities from the epidermis and dermis.



Fig 9 Honey

Synonym- Shahad

Biological source -It consists of saccharine liquid prepared from the nectar of the flowers by the Honey-bee *Apis mellifica* belonging to family Apidae. **Description Colour**- Yellow brown coloured liquid **Odour** - Sweet **Taste** – Sweet **Chief chemical constituents**- Dextrose and laevulose (70-80%) Dextrin proteins **Uses**- Good for wrinkles and aging Prevent acne Remove dirt from pores.

Rose Water [18]



Fig 10 Rose Water

Rose water uses for different purposes like helps soothe skin irritation, soothes sore throats, reduces skin redness, helps prevent and treats infections, contains antioxidants, heals cuts, scars, and burns, enhances mood, relieves headaches, it has anti-aging properties, soothes digestion problems.

V. METHODOLOGY

The multi herbal face scrub was made according to the formula presented below:

Steps for preparation of multi herbal face scrub-





Fig 11 face scrub Step 1- Preparation of Mixture- 1

- The chickoo pulp was scoop out from the raw chickoo and dried in hot air oven at 100°C for 2-3 hrs approximately.
- Step 2- Preparation of Mixture- 2
- Carbopol was soaked in water for 24 hrs and a gel base was prepared. The pH was adjusted using Triethanolamine.
- Xanthan Gum powder was used to prepare a gel base.

Step 3- Preparation of Mixture- 3

- The appropriate quantity of SLS was dissolved in water and added to the Step 2 Mixture.

Step 4- Preparation of mixture-4

- The remaining ingredients were added to the step 2 mixture along with the preservative, moisturizer and rose water.
- Finally Step 3 (SLS preparation) mixture was added to it.

Evaluation Parameter [19,20,21,22]

- Organoleptic Property
 - Colour-
 - Odour
 - Consistency- Check grittiness, softness,
 - Homogeneity & Texture- it was tested by pressing a small quantity of formulated scrub between thumb and index finger.
 - Wash ability- This test was performed on neck region.
 - Grittiness- Gel was found to have few gritty particles.
 - pH- Using a digital pH metre, the pH value of face scrub is determined. A pH reading is made by dipping an electrode into the appropriate gel formulation after one gramme of gel has been dissolved in 100 ml of distilled water and left to stand for two hours.
 - Spreadability- Keeping 1gm of sample between two transparent glass slides. The standard weight 20gm applied on upper glass of slide. It is calculated



were,

S- Spreadability m- Weightless on slide (1gm)t- Time taken in sec (22sec) L- Length of glass slide (7.5)

- Skin Irritation- The scrub can be used sparingly and left on the skin for a short time and found to be non-irritant.
- Extrudability – Small amount of gel was taken into a collapsible ointment tube. One end closed and the other end kept opened. Slight pressure was applied on the closed side. The time taken to extrude and the amount of gel extruded was noted.
- Stability Study- Stability of formulation can be tested by filling the scrub in plastic container. Placing it in humidity chamber at 45°C and 75% relative humidity.

VI. RESULT AND DISCUSSION

The face scrub was easy to apply and wash effectively on all skin types. The formulated face scrub was evaluated by different physical properties

1. Organoleptic Property

- a. Colour - Light Brown
- b. Odour - Characteristic odour
- c. Consistency-Good
- d. Homogeneity & Texture-

2. Washability

Little quantity of face scrub was applied over the skin and washed with water. It was easily washable.

3. Grittiness

Gel was found to have a few small gritty particles

4. pH

The measurements of pH of the formulation were done and it was observed that the pH of formulations F1 to F5 was found to be in the range of 6.9 to 7. From the values of pH, it is concluded that the face scrub was compatible with skin.

5. Spreadability

Spreadability denotes the extent of area to which the gel readily spreads on application to skin or the affected part. The spreading was expressed in terms of time in seconds taken by two slides to slip off from the gel, placed in between the slides, under certain load. Lesser the time taken for separation of the two slides, better the spreadability. Two sets of glass slides of standard dimensions were taken. The gel formulation was placed over one of the slides. Spreadability of different scrub formulation were studied.

Measurements of spreadability

Samples	Spreadability (gm.cm/Sec)
1	6.37
2	6.33
3	5.99
4	6.72
5	5.33

Table No. 4

6. Irritability

The formulated face scrub from F1-F5 did not show any skin irritation when applied on the cheek area of group of 4 volunteers.

7. Stability study

According to ICH guideline the formulation was kept in humidity chamber at 45°C and 75% relative humidity which is under process.



VII. CONCLUSION

From the recent years studies the youth move towards the herbal formulation over the synthetic formulation. There are various herbal cosmetics are available in market but youth focus for clean glossy skin and dirt removal formulation, so overcome on the problems regarding with skin like oily skin, blackheads on skin, dull skin we formulate the Face scrub with goodness of chickoo.

This study target for enhancing the face skin appearance by formulating multi herbal facial scrub which includes Chickoo, Neem, And Tomato The combination of these herbal constituents produces an effect to minimize the Acne problem along with Antiaging, Antioxidant as well as antimicrobial effect.

The formulation results were appreciable and therefore, it may be considered as abest face scrub.

Overall, this study reports concluded that the formulation of multi herbal facial scrub may offer an effective which leads to patient adherence and compliance to the formulated product.

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