

International Journal of Advanced Research in Science, Communication and Technology

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 5, Issue 3, April 2025



Cybercrescendo: Interactive Cybersecurity Virtual Lab for Real-Time Attack Simulation and Hands-On Defense Training

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Abstract: Traditional cybersecurity learning often falls short in offering realistic, hands-on experiences. Cybercrescendo: A Virtual Lab bridges this gap by recreating enterprise-level network environments using VirtualBox.It integrates systems like Windows Server with Active Directory and Ubuntu-based threat monitoring tools to simulate real-world IT infrastructures. Equipped with offensive and defensive tools like Kali Linux, Suricata, and Wazuh SIEM, the lab immerses users in real-time cyber scenarios, empowering them to explore threat hunting, incident response, and ethical hacking in a controlled, risk-free space.

Keywords: Cybersecurity Training, Virtual Lab, Real-Time Attack Simulation, Network Defense, Ethical Hacking, Red Team Blue Team, Threat Detection, Incident Response, SIEM, IDS/IPS, Hands-on Security Learning

I. INTRODUCTION

Cyber threats today are increasingly complex, yet most training remains theoretical. Cybercrescendo: A Virtual Lab addresses this gap by simulating real-world enterprise networks, allowing users to practice both offensive and defensive cybersecurity skills. Like a flight simulator for cyber defense, it offers hands-on experience in threat detection, incident response, and system hardening—safely and interactively.

II. PROBLEM STATEMENT AND OBJECTIVES

Problem Statement

As cyber threats grow increasingly sophisticated, organizations face mounting challenges in protecting their digital infrastructures. Traditional cybersecurity tools, such as firewalls and antivirus software, often fail to detect modern attack techniques like advanced persistent threats (APTs), malware polymorphisms, and complex social engineering tactics. With evolving cyberattacks leveraging obfuscation methods and zero-day vulnerabilities, existing solutions can leave critical systems exposed. Additionally, the complexity of enterprise network environments and their interconnected systems further complicates detection and mitigation efforts.

Many organizations lack comprehensive, hands-on training environments that accurately simulate the breadth and variety of modern cyber threats. As a result, cybersecurity professionals often face difficulty in preparing for the diverse, real-world scenarios that could compromise an organization's security. This gap in training and preparedness emphasizes the need for a practical, scalable solution that enables thorough testing, threat detection, and response strategies in dynamic, real-world-like environments.

Objectives

Create a virtual lab that emulates realistic attacks such as port scanning, brute force, SQL injection, reverse shells, and privilege escalation within a controlled, isolated virtual network using tools like Nmap, Hydra, and Metasploit..

Provide a virtualized Security Operations Center (SOC) setup where learners can interact with tools like Wazuh and Suricata to monitor, detect, and analyze cyber threats in real-time.

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DOI: 10.48175/IJARSCT-25058





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Volume 5, Issue 3, April 2025



To demonstrate the functionality of SIEM and endpoint detection systems, helping users analyze logs, detect anomalies, and understand system behavior during cyber events.

To promote cyber hygiene and awareness, reinforcing the need for proper configuration, timely patching, and continuous monitoring through practical lab exercises.

To use attack emulation techniques, including port scanning and basic exploitation attempts from Kali Linux, to assess and improve system security posture.

III. LITERATURE REVIEW

Table	1.	Literature	Survey	Table
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Sr.	Title	Methodology	Disadvantages
No			
[1]	"The Impact of Virtual Laboratories on Active Learning and Engagement in Cybersecurity Distance Education," Victor R. Kebande,(Apr-2024)	Utilized a three-fold methodology combining purposive sampling, face validation by cybersecurity experts, and performance assessment of students using V Labs to analyze engagement and learning outcomes.	Virtual labs, while controlled and scalable, may lack the full complexity and unpredictability of real-world cyber threat landscapes, potentially limiting exposure to dynamic attack behaviors.
[2]	"Navigating Cybersecurity Training: A Comprehensive Review," Saif Al-Dean Qawasmeh, Ali Abdullah S. AlQahtani, (Jan-2024)	Conducts an extensive thematic review of cybersecurity training techniques across academic and industrial domains, primarily focusing on simulation-based methods, gamified learning, and online training platforms without deeply integrating real-time lab environments or offensive-defensive dual-role capabilities.	The surveyed methods often lack adaptability, suffer from limited realism in simulated attack scenarios, and do not provide integrated environments where learners can practice both offensive and defensive techniques in enterprise-like network architectures.
[3]	"Hands-On Labs: The Key to Effective Cybersecurity Education," INE Security Research Team, (Sept- 2024)	Incorporates virtual labs, capture-the- flag (CTF) events, and certification- aligned practical environments to offer students hands-on exposure. Encourages industry collaboration, project-based learning, and internship programs to simulate real-world scenarios in a secure setting.	Limited support for advanced adversarial simulations and lacks deep customization for enterprise- level red teaming.
[4]	"Building resilience in cybersecurity: An artificial lab approach," Kerstin Awiszus1, Yannick Bell, Jan Lüttringhaus, Gregor Svindland, Alexander Voß, Stefan Weber, (Aug-2023)	Developed an artificial lab framework using experimental economics to simulate cyberattacks and observe how firms invest in resilience, using Markovian SIR models and network graph simulations.	Limitations include the difficulty in scaling the lab model for diverse organizations and the inability to fully replicate real- world dynamic cyber threat environments.
[5]	"RNNIDS:EnhancingNetworkIntrusionDetectionSystemsthroughDeepLearning, "SOROUSHM.SOHI,	Introduced RNN-based intrusion detection, trained on benchmark datasets (NSL-KDD), comparing its performance to classical machine	Model performance is dataset- dependent and may suffer from reduced effectiveness in detecting zero-day or evolving attacks

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Impact Factor: 7.67

	JEAN-PIERRE SEIFERT, FATEMEH GANJI, (Dec-2020)	learning models for anomaly detection.	without frequent retraining.
[6]	"Cyber Security Teaching and Learning Laboratories: A Survey," Luke TOPHAM, Kashif KIFAYAT, Younis A. YOUNIS, Qi SHI, Bob ASKWITH, (2016)	Conducted a comprehensive literature survey of cybersecurity lab models in academic institutions, reviewing design types, pedagogical alignment, and lab accessibility features.	Survey found inconsistent standards in lab implementations and challenges in replicating real- world scenarios, especially in basic static labs.
[7]	"CLaaS: Cybersecurity Lab as a Service," Cihan Tunc, Salim Hariri, (Nov-2015)	Proposed a cloud-based virtual lab platform (CLaaS) using dynamic VM provisioning to deliver cybersecurity training remotely, with emphasis on scalability, elasticity, and ease of access.	The model requires robust infrastructure and internet connectivity, making it less viable in low-resource or offline environments

As shown in Table 1, prior virtual lab platforms demonstrate limitations including a lack of real-world adversarial simulation depth, minimal red-teaming support, constrained customization of attack scenarios, and limited integration of offensive tooling and network pivoting capabilities.

IV. METHODOLOGY

As shown in figure 1, Cybercrescendo follows a structured approach:

Virtual Environment Setup:

A simulated enterprise-grade IT infrastructure was constructed using VirtualBox, incorporating segmented LANs, domain controllers, DNS servers, and Linux-based monitoring nodes. This design mirrors a realistic organizational cybersecurity environment to enhance scenario fidelity.

Security Tool Configuration:

Security tools like OPNsense firewall, Suricata IDS/IPS, and Wazuh SIEM are configured for network defense. Offensive tools such as Kali Linux, Metasploit, and Nmap are used for simulating penetration testing, vulnerability scanning, and red team operations.

Attack Simulation and Response:

Realistic attack scenarios are launched, including brute force, SQL injection, phishing, and privilege escalation. Blue Team participants are trained to detect, analyze, and mitigate these threats in real-time using integrated dashboards and alerts.

Threat Intelligence Automation:

Tools like MISP, TheHive, and Cortex were integrated to mimic real-world threat intelligence workflows. They enriched attack data, facilitated incident triage, and automated response actions to help users understand full-cycle SOC operations

Hands-on Training Exercises:

Learners were guided through modular labs featuring practical challenges like malware analysis, insider threat detection, and SIEM rule tuning. Each module included stepwise goals, hints, and real-time feedback to reinforce concepts through active learning.

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Performance Monitoring and Feedback Loop:

Using Wazuh, all user actions were logged. Performance metrics such as detection time, number of false positives, and response accuracy were collected. These reports helped learners understand their weaknesses and focus areas for improvement.

V. SYSTEM DESIGN

The architecture of Cybercrescendo includes:

Network Topology

Segmented networks include DMZ (web services), Internal (AD, DNS), and Security Ops (SIEM, IDS/IPS). **System Setup**

Windows Server (AD, DNS, DHCP), Ubuntu servers with Wazuh, Suricata, and ELK stack.

Red Team Tools

Kali Linux with Nmap, Metasploit, Hydra; simulates brute-force, phishing, CVE exploitation.

Blue Team Tools

Wazuh, TheHive, ELK for alerting, log analysis, and real-time threat detection.

Threat Intel

MISP integrates with Cortex and Wazuh for enriched alerts and ecosystem simulation.

Attack Scenarios

Covers SQLi, XSS, privilege escalation, insider threats, and zero-day simulations.

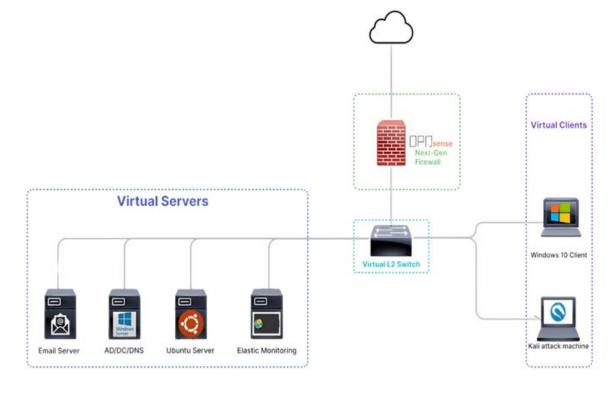


Fig. 1. Architecture Diagram



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Volume 5, Issue 3, April 2025



VI. RESULTS AND ANALYSIS

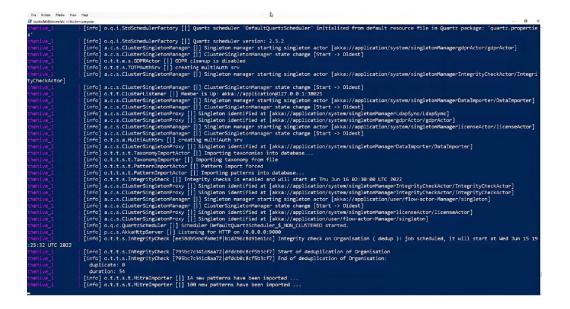


Fig. 2. TheHive Initialization via Docker in CyberCrescendo Lab

As shown in Fig. 2, the terminal output represents the backend initialization process of TheHive—a Security Incident Response Platform (SIRP)—within a Dockerized environment in CyberCrescendo's virtual lab. Several essential services such as user authentication (MultiAuthSrv), pattern and taxonomy importers, integrity checks, and GDPR compliance modules are activated. These log messages confirm that the platform's key functions like incident correlation, data validation, and threat intelligence integration are successfully up and running. This setup reflects a realistic deployment scenario where all components work together to simulate enterprise-level threat detection and response.





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As shown in Fig. 3, the Zenarmor interface provides a detailed breakdown of network traffic by application categories and individual apps. This allows administrators to visualize which types of applications are being accessed (e.g., productivity, streaming, social media), along with specific app usage volumes. Such granularity helps in identifying bandwidth-heavy or potentially risky applications, enhancing visibility and enabling precise policy enforcement. For learners, this view helps build a practical understanding of traffic monitoring and how cybersecurity tools categorize and manage network behavior in real-time

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Fig. 4. System Log: Elasticsearch Index Policies & GeoIP Setup

As shown in Fig. 4, the system logs reveal that Elasticsearch is actively initializing several Index Lifecycle Management (ILM) policies, such as 365-days-default, watch-history-ilm-policy, and .fleet-actions-results-ilm-policy, among others. These policies automate data retention and index management tasks, helping to optimize storage and performance.

Additionally, the logs indicate that the GeoIP database (GeoLite2-ASN.mmdb) was successfully fetched and deployed, enabling geographic IP mapping for traffic analysis. CyberCrescendo's integration of such logging through Dockerized services (e.g., MISP, Elasticsearch) ensures transparency and auditability, helping learners and administrators track service setup and monitor backend configurations effectively.

As shown in Fig. 5 demonstrates the deployment and operational integrity of endpoint agents within the Cybercrescendo virtual lab environment. Using the Wazuh SIEM platform, agents were successfully installed and monitored across both Windows and Ubuntu systems. The dashboard displays two fully active agents: one on a Windows 10 host (DESKTOP-V683J40) and the other on an Ubuntu 20.04 LTS node (labubuntu). Both show regular heartbeat signals, confirming stable connections to the central SIEM.

The results affirm 100% coverage across simulated endpoints, enabling real-time data collection, log analysis, and behavioral monitoring. This level of integration is critical for achieving practical Blue Team training objectives, such as log triage, alert validation, and endpoint visibility. The success of agent synchronization indicates that Cybercrescendo

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DOI: 10.48175/IJARSCT-25058





International Journal of Advanced Research in Science, Communication and Technology

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Volume 5, Issue 3, April 2025



effectively supports enterprise-like system monitoring, crucial for teaching incident detection and endpoint telemetry management.

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Fig. 5. Wazuh Agent Monitoring Results

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Fig. 6. Application-Level Traffic Visibility

As shown in Fig. 6 presents real-time application-layer traffic metrics, including session counts, data volumes, domain queries, and protocol types. The traffic profile spans secure web browsing, streaming, certificate validations, and encrypted tunneling.

These insights confirm CyberCrescendo's ability to replicate diverse, realistic network behaviors—empowering learners to analyze encrypted flows, detect risk-prone applications, and gain hands-on exposure to deep packet inspection and behavioralmonitoring

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DOI: 10.48175/IJARSCT-25058





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VII. CONCLUSION AND FUTURE SCOPE

CyberCrescendo reimagines cybersecurity education by offering a rich, interactive lab environment where users actively engage with real-world attack simulations. By combining offensive tactics, defensive strategies, and datadriven performance tracking, it fosters hands-on learning experiences that strengthen skills in threat mitigation, incident analysis, and system resilience—all within a secure, enterprise-like setup.

In the future, the platform will expand its scope by simulating complex threats such as fileless malware and cloud-based intrusions while introducing support for containerized and scalable cloud infrastructure. Planned updates include collaborative scenarios for team-based training, game-based progression features to boost motivation, and integration with academic certifications to align with industry needs. These enhancements are designed to deepen realism, widen accessibility, and drive meaningful engagement in both classroom and corporate settings.

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