

# Assessment of Nutritional, Chemical and Biological Potential of *Cajanus cajan* (L.) Millsp.

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**Abstract:** In this paper deals with the genus *Cajanus* (Family: Fabaceae) consists of approximately 37 species, and *Cajanus cajan* (*C. cajan*) is a significant member of the genus. It is a commercial legume crop widely grown in sub-tropical and semi-arid tropical areas of the world. *C. cajan* is well known for its folk medicinal uses to treat various disorders, such as toothache, dizziness, diabetes, stomachache, female ailments and chronic infections. These properties have been linked to the presence of several value-added nutritional and bioactive components. Different solvent extracts from *C. cajan* (leaves, root, stem and seeds) have been evaluated for their phytochemical and biological activities, namely antioxidant, antimicrobial, antidiabetic, neuroprotective, and anti-inflammatory effects. Taken together, and considering the prominent nutraceutical and therapeutic properties of *C. cajan*, this review article focuses on the important details including ethnomedicinal uses, chemical composition, biological applications and some other medicinal aspects related to *C. cajan* nutraceutical and pharmacological applications.

**Keywords:** legumes; *Cajanus cajan*; bioactive compounds; nutraceuticals; bioactive effects.

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