

# A Comparative Study of Rural and Urban High-School Boys Attitude Towards Physical Education and Sports of Mangalore District

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**Abstract:** *In order to properly understand the meaning of physical education it is essential for us to understand the meaning of general education. Physical education is after all part of general education, both is complementary to each other. They are like two faces of the same coin. Ordinarily we consider all activities which make the body healthy and active as physical conditions. This interpretation however is wrong. The physical education goes beyond that. Its true scope is related to all those activities which build up human physique so that they impart knowledge of human and social behavior and in term help all in an all-round development of human personality. It is wrong therefore to consider sports as same thing as physical education: it is not. Similarly, games too do not constitute physical education. The physical education is the education of both mind and body which help in an all round growth of human personality.*

**Keywords:** School Boys Attitude

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