IJARSCT



International Journal of Advanced Research in Science, Communication and Technology (IJARSCT)

International Open-Access, Double-Blind, Peer-Reviewed, Refereed, Multidisciplinary Online Journal

Volume 3, Issue 1, February 2023

A Review of the Medicinal and Industrial Applications of Golden Sweet Potato

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Abstract: Originating in Latin America, sweet potatoes (Ipomoea batatas) are now grown in the majority of tropical and sub-tropical nations worldwide. This white-fleshed root tuber crop is simple to grow, uses little water and fertilizer, and yields the most food per unit area and time. Its golden-yellow fleshed variety, known as the Orange-fleshed Sweet Potato or Golden Sweet Potato, is high in beta-carotene, minerals, and nutritional qualities. It boosts immunity, has anti-inflammatory, anti-cancer, antioxidant, and vitamin A deficiency-repairing qualities. People are interested in it because of these factors. This review's main objective is to provide a concise synopsis of this plant's cultivation, phytochemical composition, and uses

DOI: 10.48175/568

Keywords: Medicinal Applications, Industrial Applications, Bioactive Compounds

