

BICEP Curl Tracker Using Mediapipe

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Abstract: *There isn't "real" live tracking in the fitness system that is currently in place. People who exercise at the gym manually track their progress, which may occasionally be rather tedious. Recent advances in artificial intelligence's image processing techniques are used in this research. Traditionally, humans are simply seen as a bounding box in object detection (a square). Through a process called stance identification and pose tracking, computers can learn to interpret human body language just like humans can. The conventional techniques for tracking poses, on the other hand, are neither rapid enough nor resistant enough to occlusions to be used in a practical setting. The development of high-performance, real-time pose identification and tracking will be a driving force behind some of the most significant advancements in computer vision. By monitoring a person's location in real-time, for instance, computers will have the ability to develop a knowledge of human behavior that is both more fine-grained and more logical.*

Keywords: Object Detection, Computer Vision, Mediapipe, CNN

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