

Review on Herbal Mouthwash

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Abstract: Mouthwash is an aqueous solution that is most commonly used for plaque control. It is a medicated liquid that is held in the mouth and swished by the action of perioral musculature to eliminate oral pathogens. Herbal medicine takes a preventive approach. The main advantage of these natural herbs is that no side effects have been reported to date. Aside from that, all herbal mouth rinses are free of alcohol and/or sugar. The issue with these ingredients is that the microorganisms that cause bad breath and halitosis feed on them and produce by-products that cause halitosis. Thus, by using herbal mouth rinse, we can avoid these ingredients, which is a step forward..

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