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A Study of Aggression on State Level Women Sports Players

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Abstract: Across a player's career, they will come across various of high-pressure scenarios in which they will be exposed to a variety of stresses. Personal pressures such as concern and anxiety, as well as situational stressors such as team-related issues, are examples. Because much of the study on stress in sports has, addressing stressors in a team setting is critical for that reason behavioral study is need of today sports. This study investigated the study of state level and national women players. In this present examination was to look at the aggression behavior of Maharashtra states state level women players of various team games. The examination done on 300 women players as a sample for the study whose age group is 18 to 22 years. In this study observation method is used for the conduct data of women players and chi square test is used as a test tool for this study and analyzing the data or testing the hypothesis.

Keywords: Behavior, Aggression, Women, Sports Player, State Level.

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