

# Effect of Emotional Maturity Level of Pre-Service Teachers on Their Anxiety of District Kangra of Himachal Pradesh

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**Abstract:** *The purpose of the present study was to explore the effect of emotional maturity level of Pre-service teachers on their anxiety as well as an effect of gender, location and marital status of pre-service teachers on their Emotional maturity and anxiety of district Kangra of Himachal Pradesh. The sample consist of 400 B.Ed. course trainers (100male and 300 female) randomly taken from private teacher training institutions of Kangra district which are affiliated with Himachal Pradesh University, Shimla. To measure the emotional maturity and anxiety of pre-service teachers, Emotional Maturity Scale (EMS) developed by Dr. Yashvir Singh & Dr. Mahesh Bhargava and Comprehensive Anxiety Scale developed by Dr. Harish Sharma, Dr. Rajeev Lochan Bhardwaj & Dr. Mahesh Bhargava (2006) were used. Mean, SD, ANOVA and „t“ test was used for analyzing the data. The result showed that there is significant effect of emotional maturity level of pre-service teachers on their anxiety. Male pre-service teachers are more stable in emotional maturity and low anxious as compare to their female counterparts. Emotional maturity and anxiety of pre-service teacher is independent of their location as well as marital status.*

**Keywords:** Emotional Maturity, Anxiety, Pre-service Teacher

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