

“ Effect of Agnikarma and Parijatakvati P/O in the Management of Pain and Stiffness in Gridhrasi w.s.r. to Sciatica” - A Case Study

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Abstract: *Low back pain is most common complaint encountered by doctors. It can be present as acute or chronic pain.*

Sciatica is most common condition causes Low back pain radiating towards posterior part of Legs. In Ayurveda Sciatica disease resembles with "Gridhrasi" which included under 80" types of 'nanatmajavatavikara'.

Gridhrasi can be treated with Agnikarma & internal medicine. Here in this case study, patient was suffering from Sciatica pain; due to herniation at L5-S1 ,He was treated with Agnikarma & P/oParijatakvati for 15 days: patient showed improvement remarkably & would do his routine work properly & efficiently.

Keywords: Sciatica, Gridhrasi, Agnikarma, Parijatakvati, Ayurveda

