

Management of Ardhavabhedaka in Ayurveda – A Case Report

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Abstract: *Ayurveda* has mentioned various branches which includes different eight branches called as ‘*Ashtanga Ayurveda*’¹. *Acharya Sushruta* also explained various branches in his *Sutrasthana* 1st *adhyaya*². *Shira* [Head] is one among the *Shadangas* which is considered as ‘*Uttamanga*’ and also mentioned as seat for *Prana* and *Indriyas*³. *Ardhavabhedaka* is mentioned one among the *Shirorogas* mentioned by *Acharyas*⁴. It can be correlated with the Migraine in modern science. It is one of the important disorder that found in general practice which needs immediate treatment as its signs & symptoms worsening situation or complaints of patients. *Ayurveda* has mentioned various emergency treatments which are mentioned for *Ardhavabhedaka* includes *Siravyadha*, *Nasya*, *Shamana Chikitsa*. Here in this case study, *Godanti* & *Shankha Bhasma* used for the management of *Ardhavabhedaka*.

Keywords: *Ardhavabhedaka*, Migraine, *Shamana Chikitsa*

