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## Adverse Effect of Non-Narcotic Drug on CNS and Visceral Organ

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Abstract: Drug abuse is a serious and most often willful misuse of drug now whether it is narcotic or non-narcotic doesn't matter. In our non-narcotic drug too, there are many drugs which lead to addiction. In this pandemic even many people have gone for immunity boosting tablets without knowing its side effect. Non narcotic drug abuse can also be done because of depression, anxiety, mental disorder etc. People actually start taking a lot of medicine for depression but they are not known about the adverse effect of those medicines on their CNS and visceral organs. The present study was conducted to get an idea of drug addiction in people in the society via a survey. Result revealed maximum people opt for taking medicine by their own without consulting doctor were they are maybe known about the work of the drug but unknown about the composition, dosage, how long to continue, etc & there they go for the harmful side effect of those drugs. Even the heavy use of non-narcotic analgesic is paralleled with the high risk of depression, emotional liability, etc. Drug use is dangerous it can harm your brain and body as well. Here, herbal medicine plays a marvellous role in treating the ill without showing any toxic effect. In early stages the signs of medicine developed around those plants which had curative properties. A continued search for medicinal plant during the last several centuries has given rise to a long list of plants which are of great use in the treatment of diseases & promoting health. [1].

Keywords: Drug abuse

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