

A Comprehensive Review of Traditional Rasna Erandi Kwath

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Abstract: *A traditional Ayurvedic polyherbal decoction called Rasna Eranda Kwatha is frequently used to treat inflammatory, musculoskeletal, neurological, and systemic conditions linked to elevated Vata dosha. The Ayurvedic justification, pharmacognostic in characteristics, chemical components, and pharmacological activities of each of Rasna Erandi Kwatha constituent parts are summarized in this article. The study emphasizes the scientific underpinnings of its conventional uses, particularly in neuromuscular diseases, arthritic inflammation, and Vata- vyadhi*

Keywords: Kwatha, Rasna Erandi Kwath, *Pluchea lanceolata* , *Ricinus Communis*

