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A Compressive Review on Vitamin E is Use as Herbal Scrub Cream

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Abstract: Vitamin E (α -tocopherol and derivatives) is commonly included in lip care formulations for its antioxidant and skin-conditioning properties. When used in herbal lip scrubs — typically oil + humectant + abrasive + botanical extracts — vitamin E can contribute antioxidant protection and help stabilize carrier oils. However, clinical evidence for improved scar or wound outcomes from topical vitamin E is mixed and topical use carries a low but real risk of allergic contact dermatitis in susceptible individuals. Proper formulation (concentration, form, processing temperature, choice of essential oils) and conservative usage instructions reduce risks and improve stability and efficacy

Keywords: Tocopherolas, Lip care , Treatment, Formulation, Radicals , Phases, Landmarks, Composition, Mucous



