

Health Assist AI

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Abstract: *This project is a personal AI health assistant built with Flask and MySQL. Users can log in to track daily health with tools for BMI, calories, and sleep. Its main features include AI-powered diagnostics for skin disease using a TensorFlow model and mental health prediction. The app also has an intelligent chatbot using the Open Router API and a premium, monetized diabetes risk checker powered by Razor pay.*

Keywords: *AI health assistant*

