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## **Health Assist AI**

Bhagyesh Manohar Neware<sup>1</sup> and Prof. Ujwala Khartad<sup>2</sup>

Student, Department of CSE(Data Science)<sup>1</sup> Professor, Department of CSE(Data Science)<sup>2</sup> Tulsiramji Gaikwad Patil College of Engineering and Technology, Nagpur, Maharashtra, India bhagyeshneware0123@gmail.com

Abstract: This project is a personal AI health assistant built with Flask and MySQL. Users can log in to track daily health with tools for BMI, calories, and sleep. Its main features include AI-powered diagnostics for skin disease using a TensorFlow model and mental health prediction. The app also has an intelligent chatbot using the Open Router API and a premium, monetized diabetes risk checker powered by Razor pay.

Keywords: AI health assistant



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