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Sensing Driven Automation to Reduce Carbon Footprints in Large Spaces

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Abstract: Modern commercial and institutional buildings are major energy consumers, with space heating, ventilation, and lighting alone accounting for roughly half of all energy use [1]. This paper explores how richly sensed indoor environmental data and occupant information can be used to dynamically control HVAC, lighting, fans, and plug-loads to significantly reduce energy consumption. We review methods including occupancy sensing, machine-learning occupancy prediction, demand-controlled ventilation, adaptive thermostat setbacks, and smart appliance control. For instance, occupancy-triggered lighting controls can cut lighting use by 10–90% [2], while integrated ceiling fans and raised thermostat setpoints can reduce cooling energy by ~39% [3]. Demand-based plug-load scheduling has achieved up to 86% savings on selected devices [4]. In a hypothetical open-plan office case study, applying these strategies simultaneously can yield total energy savings on the order of tens of percent (e.g. ~12% overall energy reduction observed in a field trial [5]) while maintaining occupant comfort. We conclude that multi-domain smart controls informed by sensor data offer a promising path to deep, evidence-based energy savings in real buildings.

Keywords: Energy efficiency, occupancy detection, environmental sensing, HVAC optimization, behavioral analytics, smart building automation, renewable energy integration

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