

Occupational Stress and Family Adjustment

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Abstract: *The role of education is the important factor for the development of a nation. It is only education through which the change on a grand scale in the society can be achieved. While food, clothing and shelter are the basic needs, education is also the basic need of human life. The progress of society and the development of an individual go hand in hand. It is universally accepted that any country needs a higher priority towards its educational development, so that it ensures its quality to produce the right kind of persons to the country. Science and technology improves the effective utilization of the natural resources while education is concerned with the development of human resources. In this context of modern society, the process of education is not merely to impart knowledge but to develop desirable habits, interests, attitudes and skills which help the individual to lead a full and worthwhile life.*

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