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## A Comparative Study on Traditional vs. Tech-Integrated Learning: A Student-Centric Perspective Among Autonomous College Students in Mumbai (Age Group 18-21 Years)

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Abstract: The education system has undergone a significant transformation with the integration of technology into learning methodologies. Traditional learning methods, characterized by face-to-face interactions, structured pedagogies, and classroom discipline, have long been the standard approach. However, with advancements in digital technology, tech-integrated learning, which includes online platforms, digital tools, and interactive learning environments, has gained traction. This research explores the effectiveness of both learning methods from a student-centric perspective, focusing on engagement, knowledge retention, accessibility, and overall learning outcomes. By adopting a mixed-methods approach, the study assesses students' preferences, examines the impact of both methodologies, and provides recommendations for optimizing blended learning experiences.

**Keywords**: learning methodologies





