

A Study on Impact of the NEP 2020 Curriculum Structure on Emotional Development and Social Development among Students

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Abstract: *The National Education Policy (NEP) 2020 introduced significant change in India's higher education, National education policy (NEP) 2020 has aim to improve education in india. This policy aim to create new education system which is based on Indian tradition and values. It's promot multidisciplinary approaches, flexibility in learning, and holistic developmentof pupil. This study finding the impact of NEP 2020's curriculum structure on cognitive development, student engagement, and adaptation among 100 firstyear Bachelor of Commerce (FYBCom) students at the University of Mumbai. Using a mixed-methods approach, the research on quantitative surveys method. Findings indicate that the reformed curriculum positively influences critical thinking and problem-solving skills, enhances student engagement through interactive pedagogies, and facilitates adaptation to diverse learning environments. However, challenges such as resource constraints and varying levels of teacher preparedness were identified, suggesting the need for continuous support and training to optimize the policy's benefits.*

Keywords: NEP 2020, cognitive development, student engagement, curriculum adaptation, higher education, University of Mumbai

