

# A Cross-Sectional Study to Assess the Prevalence of Burnout Syndrome among Nurses Working in Critical Care Units of a Quaternary Care Hospital in a Metropolitan City

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**Abstract:** *This study aims to assess the prevalence of burnout syndrome among nurses working in critical care units. A cross-sectional study to assess the prevalence of burnout syndrome among nurses working in critical care units of a quaternary care hospital in a metropolitan city. The sampling technique used was nonprobability purposive sampling. The tool consists of questionnaires to assess demographic data and a modified Copenhagen burnout inventory which consisted of 20 items. The results related to burnout score were seen that majority of the nurses, 53.3%, were having moderate level of burnout, whereas only 20% were having severe level of burnout and 26.6% had mild burnout. It was seen that there was a significant association of demographic variable, years of experience ( $p=0.007\%$ ) according to chi square test.*

**Keywords:** Burnout syndrome, critical care unit, Nursing, Years of experience

