

A Clinical Trial to Study The Effect of Saptanga Guggulu in Bhagandara : A Single Case Study

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Abstract: *An anal fistula is an abnormal tract that connects the anal canal or rectum to the perianal skin, often resulting from an untreated anorectal abscess or infection. This condition can lead to recurrent symptoms such as pain, swelling, and discharge, and in some cases, systemic signs like fever. The pathogenesis of anal fistulas is typically associated with the blockage of anal glands, leading to the formation of a fistulous tract. Management of anal fistulas focuses on closing the internal opening, draining infection or necrotic tissue, and eradicating the fistula tract, with a key emphasis on preserving anal sphincter function to avoid incontinence. Surgical options for treatment depend on the complexity of the fistula and may include procedures such as fistulotomy, seton placement, advancement flaps, or the use of biological agents like fibrin glue and plugs. Effective treatment aims to resolve the condition while minimizing long-term complications. To avoid long stay and complications during surgery we did trial of oral medication mentioned in samhita for bhagandar and we get good result in 28yrs/male patient had fistula in ano we gave him saptangaguggulu for 45 days and we get result.*

Keywords: Bhagandara, Fistula in ano ,guggulu

