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Byte-Sized Culture: The Rise of Reels, Shorts, and Micro-Content in Shaping Indian Popular Consciousness

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Abstract: India today is witnessing a silent cultural shift—one unfolding not in policy chambers or academic institutions, but in the form of 15-second reels, looping shorts, and swipeable micro-videos. This paper explores the phenomenon of "byte-sized culture," where Instagram Reels, YouTube Shorts, and similar formats act as cultural capsules—small, digestible, and instantly gratifying. Drawing an analogy with the "byte" in computer technology, which is the basic unit of digital data, these mini-videos represent the smallest functional unit of digital storytelling. Simultaneously, in a metaphorical sense, they are cultural "bites" from the vast platter of social media—snackable, viral, and rapidly consumed. This research interrogates the deeper implications of India's turn toward micro-content. It seeks to understand how micro-content shapes collective memory, behavior, and public discourse—particularly among India's youth. Through digital ethnography, content analysis, and qualitative insights from urban and semi-urban youth, the study uncovers how these platforms are producing new hierarchies of influence, aesthetics, and aspiration—while simultaneously disrupting older structures of communication, class, and representation.

Rather than treating this trend as a fleeting phase, the paper positions it as a structural transformation one where algorithms, platform logic, and performative culture are converging to redefine what it means to be seen, heard, and validated in digital India. As short-form content becomes a primary mode of cultural consumption, this research argues that it is not just reflecting India's social changes—it is helping to make them thereby influencing in shaping Indian popular consciousness.

Keywords: Byte-sized Culture, Micro-content Media, Digital Popular Consciousness

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