

# Pharmacognostic Study & Nutritional Analysis of Dragon Fruit.

**Dr. Mohammed Shakir Ghouse<sup>1</sup>, Syeda Iqra<sup>2</sup>, Shaikh Nawaz\*<sup>3</sup>, Mohd Adnan<sup>3</sup>,  
Shaikh Awesoddin<sup>3</sup>, Shaikh Amaan<sup>3</sup>**

1. Professor, Aurangabad Pharmacy College, Dr, Babasaheb Ambedkar Technological University. CHS nagar, Aurangabad, Maharashtra, India.
2. Associate Professor Aurangabad Pharmacy College, Dr, Babasaheb Ambedkar Technological University. CHS nagar, Aurangabad, Maharashtra, India.
3. Student of Aurangabad Pharmacy College, Dr, Babasaheb Ambedkar Technological University. CHS nagar, Aurangabad, Maharashtra, India. .

**Abstract:** *This research will explore the nutritional benefits and health properties of dragon fruit, also known as Kamlam or Pitahiya in India. Originating from America, this fruit is extensively cultivated in countries such as Thailand, Vietnam, Israel, and Sri Lanka, and belongs to the cactus family. Not only does it significantly enhance farmers' incomes, but it is also packed with nutritional benefits. Its appealing appearance has led to a high market demand, and its cultivation in India has recently gained attention. The exterior of the fruit can be pink or yellow, while the interior features either white or pink pulp that is sweet and nutrient-rich, containing a wealth of vitamins and minerals*

**Keywords:** Dragon Fruit, Nutritional Properties, Health Benefit, Medicinal Property, Phytochemical Screening.

