

Reviewing the Nutritional and Pharmacological Importance in Common Vegetables in Maharashtra

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Abstract: *The present inventory was carried out in the year 2008-2010. While collecting information regarding medicinal plants, the valuable information about vegetable use of plants noted and presented in this paper. A total of 24 wild vegetables were surveyed using a schedule to assess the knowledge, availability and consumption pattern of wild leafy vegetables. The diversity of wild leafy vegetables being use by the local inhabitants is 24 species belonging to 21 genera and 12 families. The majority of wild plants were herbs. The majority of the wild vegetable plants used by local inhabitants in the study area were collected raw from the forest and not cultivated ones. The study indicated that the knowledge is to be transferred properly by old people to younger generation and should be trained in collection and processing. Here, out of 24 plant species 04 are from monocot..*

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