

Formulation and Evaluation of Herbal Onion Scrub

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Abstract: Nowadays cosmetic have become an important part in the day to day life for both men and women to lead a happy and confident life. To remain healthy and of good appearance, the skin surface requires frequent cleaning to remove grime, sebum and other secretion, dead cells, crusts and applied make-ups. Keeping in the mind that the cosmetic should be free from synthetic chemical, so we came on conclusion to prepare and evaluate a herbal scrub to prevent acne, tanning, wrinkles. This facial scrub contains herb which shows antioxidants, antiseptic, skin brightener and reducing inflammation properties. In the present work we have formulated the herbal scrub by using a different herbal powder such as turmeric, aloe vera, Gram flour etc and onion juice. The scrub was evaluated by using the parameters like appearance, smoothness and effect on acne, effect on white and black heads, spreadability, irritations. The scrub shows excellent effect on oily skin, and satisfactory effect on normal and dry skin. All the ingredients so the chances for its side effects are less. The concept of beauty and cosmetics date back to ancient mankind and civilization generally herbal cosmetics are also referred to as natural cosmetics. Herbal cosmetics are formulated. Using different cosmetic ingredients to form the base in which one or more herbal ingredients are used to cure various skin ailments. Plants are highly used for development of new drug products for cosmeceuticals and pharmaceuticals application. Herbal cosmetics are the products in which herbs are used in crude or extract form. Compared to other beauty products, natural cosmetics are safe to use; they are hypoallergenic and tested and proven by dermatologists to be safe to use anytime anywhere. Since they are made of natural ingredients, people don't have to worry about getting skin rashes or experiencing skinitchiness. The aim of this research work is to formulate and evaluate herbal scrub by using various herbal ingredients. In this study, herbal scrub is formulated using onion juice, turmeric powder, aloe vera, gram flour, multani mitti, khushkhus, guargum, and rose oil.

Keywords: Onion juice, turmeric powder, aloe vera, gram flour, multani mitti, khushkhus, guargum and rose oil

