

Formulation and Evaluation of Herbal Hair Serum Containing Oryza Sativa(Rice) and Psidium Guajava(Gauva) Leaves Extract for Enhancing Hair Quality

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Abstract: Hair care is an crucial aspect of personal grooming, and the demand for natural and herbal hair care products has drastically extended because of consumer choice for merchandise with minimum aspect results. This examine focuses on the system and assessment of an natural hair serum incorporating extracts of Oryza sativa (rice) and Psidium guajava (guava) leaves, which might be traditionally known for his or her useful houses in promoting hair fitness. The purpose is to increase a safe, powerful, and herbal hair serum to decorate hair pleasant, lessen hair fall, and enhance scalp nourishment.

Oryza sativa, generally called rice, consists of essential bioactive compounds which includes amino acids, antioxidants (such as ferulic acid), nutrients (like nutrition E), and minerals which can be known to strengthen hair follicles, sell hair growth, and add shine and smoothness to the hair. Psidium guajava (guava) leaves are wealthy in flavonoids, tannins, and crucial vitamins together with nutrition C, that have antimicrobial, antioxidant, and anti-inflammatory properties that assist lessen dandruff, stimulate hair growth, and enhance normal scalp fitness..

Keywords: Hair serum, Chemical free, Natural remedy, Oryza sativa (rice), Psidium guajava (guava)

