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Formulation and Evaluation of Turmeric Skin

Cream

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Abstract: Cosmetics are widely used by men and women to beautify and improve their appearance. Nowadays, the demand for herbal cosmetics is increasing day by day due to their harmlessness. Additionally, since they are prepared from medicinal plants, they have fewer side effects. Many people due to its great comfort and economy, as well as its quality have recognized it. Curcumin is one of the food products frequently used in many activities, but the main problems in the commercial development of curcumin are solubility and stability problems. The aim of this review project is to develop and evaluate a turmeric herbal skin cream containing turmeric extract. Turmeric extract has antibacterial and anti-inflammatory properties and can brighten the skin. Therefore, this product is beneficial for human keratinocytes and is safe and stable. Turmeric skin cream does not have any side effects; it is not harmful or undesirable; it beautifies the skin.

Keywords: Turmeric, Curcumin, Herbal, Skin





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