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Formulation and Evolution of Herbalface Pack for Glowing Skin

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Abstract: The aim of this study is to develop and assess an herbal face pack formulated using natural ingredients such as saffron, multani mitti (fuller's earth), turmeric powder, orange peel powder, sandalwood powder, coffee, gram flour, and honey. This herbal face pack is intended to improve blood circulation, revitalize facial muscles, enhance skin elasticity, and cleanse the pores by removing dirt and impurities. Herbal cosmetics are favored for their non-toxic nature, lower risk of allergic reactions, and the long-standing traditional use of many of their components.

The formulated herbal face pack was comprehensively evaluated using a range of parameters, including physical characteristics, rheological behavior, stability, microbial contamination, physicochemical and phytochemical properties, antibacterial activity, and other relevant factors. The primary objective of this formulation is to address common skin concerns such as dark spots, acne marks, pimples, scars, dark circles, and the accumulation of dead skin cells by enhancing blood circulation and promoting skin rejuvenation.

Upon evaluation, the face pack exhibited favorable attributes, including being non-irritating to the skin, easy to apply and wash off, and leaving the skin feeling smooth and radiant. It also retained its consistency and efficacy under various stability storage conditions. Scientific analyses of the herbal formulation confirmed its effectiveness in cleansing the skin, enhancing its natural glow, reducing blemishes, and clearing clogged pores.

The findings from this evaluation underscore the potential of the herbal face pack as a beneficial skincare product with proven therapeutic and cosmetic benefits.

Keywords: Skin, Herbal face pack, Formulation, Evaluation, Stability, Phytochemical properties, Antibacterial activity, Skin rejuvenation

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