

Psychological Tests in Guidance and Counseling: A Panacea for Educational Reform and Sustainability in Himachal Pradesh

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Abstract: *The study clarified the nature of psychological tests and portrays these tests as a stimulus presented to an individual so as to elicit a response on the basis of which a judgment is made on certain attributes and abilities possessed by that individual. The response which constitutes the basis of such a judgment is essentially a sample of the individual background behaviour from which inferences are made about the entire universe of abilities and attributes possessed by that individual. Three major categories of human attributes were highlighted and classification of psychological tests was similarly identified. The differences existing between standardized and non-standardized test were clarified, significance and functions of psychological test were spelt out to familiarize the ‘testers and proctors’ with the relevance of psychological test and the work that lie ahead of them. A number of basic principles that can guide the selection of psychological tests within the school and non-school settings were itemized as a proof for understanding the administration, scoring and interpretation of test. Besides it shows the benefits of using psychological tests, how it makes counseling more scientific and enhances the effectiveness of counseling programmes in making the individual more useful to self and the environment.*

Keywords: Educational Reform and Sustainability, Psychological test, Guidance and Counseling.

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