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Review on Herbal Face Wash

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Abstract: Herbal face cleansers have been increasingly popular due to the growing desire for skincare products that are natural and free of chemicals. The composition, advantages, and effectiveness of several herbal face wash formulations made from plants like aloe vera, neem, tea tree, chamomile, and turmeric are examined in this review paper. It looks at the active ingredients that give them their skin-soothing, antibacterial, and anti-inflammatory qualities. The mechanisms by which these herbal components cleanse the skin, lessen acne, regulate oiliness, and enhance general skin health are also covered in the article. The benefits and possible drawbacks of herbal alternatives are highlighted by comparison with traditional synthetic face cleansers. The review also discusses the effects of using herbal products on the environment, sustainability, and safety. This paper also looks at the growing trend of eco-friendly, sustainable skincare and the safety of herbal products in daily routines. Whether you're a skincare enthusiast or just curious about the natural alternatives, this review provides a fresh perspective on the power of herbal face washes in modern skincare.

Keywords: Acne-Prone Skin, Skincare Benefits, Anti-inflammatory Properties, Plant-Based Ingredient, Skin Soothing Properties



