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Dental Disease and its Management

Nayna Ramesh Khade¹, Dr. Shivshankar D. Maske², Prof. Sanjana Bali³, Aarti Madhav Jadhav⁴, Shital Vishnu Mule⁵

Students, B Pharm Final Year, Satyajeet College of Pharmacy, Mehkar, India^{1,4,5}
Principal, Satyajeet College of Pharmacy, Mehkar, India²
Professor, Satyajeet College of Pharmacy, Mehkar, India³
nynakhade54@gmail.com

Abstract: Dental diseases are among the most prevalent health conditions globally, affecting millions of individuals across all age groups. These conditions, ranging from dental caries and periodontal disease to oral cancer and malocclusion, can significantly impact oral health, overall well-being, and quality of life. The etiology of these diseases is multifactorial, with poor oral hygiene, dietary habits, genetic predisposition, and systemic factors playing pivotal roles. This review highlights common dental diseases, their causes, symptoms, preventive measures, and treatment modalities. Emphasis is placed on the importance of preventive care, community-based strategies, and advancements in dental technologies for effective disease management. Raising awareness and ensuring regular dental check-ups are vital for mitigating the global burden of dental diseases.

Keywords: Dental diseases, oral health, dental caries, periodontal disease, oral cancer, malocclusion, dental management, preventive dentistry

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