

BRIEF: Before Relieving the Inpatient Educate them and the Family

(Bridging Hospital to Home with Effective Discharge Education)

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Abstract: *Discharge education is an integral aspect of comprehensive patient care. Patients leaving a healthcare facility often face the challenge of managing their recovery without direct medical supervision. Without adequate preparation, they and their families may feel overwhelmed and unprepared, leading to potential complications or readmissions. This document highlights the critical role of educating patients and their families before discharge. It explores the importance of discharge planning, outlines effective components of education, and presents strategies for improving the patient-family education process. By empowering patients through knowledge and preparation, healthcare professionals can enhance patient outcomes, reduce readmission rates, and support a smooth transition from hospital to home.*

Keywords: Hospital discharge, Discharge education, Patient, Family members