

# The Struggle for Self: Identity Crises in Chetan Bhagat's Fiction

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**Abstract:** *This abstract explores the theme of identity crisis in selected novels by Chetan Bhagat, focusing on young adults navigating societal expectations, familial pressures, and personal aspirations in a rapidly changing India. The analysis examines internal conflicts from the clash between tradition and modernity, affecting self-perception and relationships. Bhagat's novels highlight the complexities of identity formation in contemporary India, where individuals strive for self-acceptance and fulfillment amidst tradition and modernity*

**Keywords:** Chetan Bhagat, Trauma, Identity Crisis, Self-discovery, Self-acceptance