

# **A Study of Family Burden in Somatization and Obsessive-Compulsive Disorder**

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**Abstract:** *This study examines the family burden associated with Somatization Disorder (SD) and Obsessive-Compulsive Disorder (OCD), focusing on the emotional, financial, and social implications for caregivers. Utilizing a mixed-methods approach, the research investigates the differential impacts of these disorders, providing insights into coping mechanisms and the need for targeted interventions. Findings highlight the substantial strain placed on families and suggest that comprehensive support systems are critical for alleviating this burden.*

**Keywords:** Family burden, Somatization, Obsessive-compulsive disorder.