

Mental Health Compass – Empowering Mental Health Care by Assessment and Recommendations Based of the Result

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Abstract: *This project is dedicated to enhancing mental well-being and offering support to individuals coping with diverse mental health challenges, including depression, ADHD, anxiety, PTSD, and OCD. The website features an interactive assessment tool that generates personalized insights and guidance based on users test scores. Additionally, it facilitates access to professional support services by assisting individuals with severe mental health issues in finding nearby psychologists. This comprehensive platform seeks to improve the mental health landscape by combining personalized self-assessment tools with convenient access to professional assistance, fostering a holistic approach to mental well-being*

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