

The Impact of Social Media on Children, Adolescents, and Families

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Abstract: *By using social media These days, children and teenagers spend a lot of time on websites. A social media website is any website that facilitates social interaction. Examples of such websites include blogs, Club Penguin, Second Life, and the Sims, as well as social networking sites like Facebook, Instagram, MySpace, and Twitter. These sites, which have seen exponential growth in recent years, provide a platform for communication and pleasure for today's young. Given that some social media platforms are not suitable for young children and teenagers, it is crucial that parents understand the nature of these platforms. Pediatricians are in a unique position to educate families about these platforms, promote responsible usage, and advise parents to keep an eye out for any issues related to exposure to improper information, cyberbullying, or "Facebook depression."*

Keywords: social media, depressive disorders, cyberbullying, sexting, internet