

Preparation and Evaluation of Polyherbal Cough Syrup

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Abstract: Polyherbal formulations are increasingly recognized for their potential in treating various health conditions due to synergistic effects of multiple plant extracts. This abstract focuses on a polyherbal cough syrup developed from a blend of well-known medicinal herbs. The formulation aims to alleviate cough symptoms effectively while ensuring safety and tolerability. The ingredients of the polyherbal cough syrup were selected based on their historical use in traditional medicine and supported by modern pharmacological studies demonstrating their efficacy in managing cough and related respiratory conditions. Key herbs included in the formulation possess expectorant, antitussive, and soothing properties, targeting both productive and dry coughs

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