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Quantifying the Impact of Campus Green Spaces on Student Well-being and Academic Performance: A Multi-Dimensional Analysis

Priya Singh
Research Scholar
Devi Ahilya Vishwavidyalaya, Indore

Abstract: *The University campus's general sustainability and environmental quality are greatly improved by the presence of green spaces. Their influence on students' academic achievement and well-being, however, is still little understood and frequently ignored. This study explores multiple aspects of the relationship between green environments and student outcomes to objectively evaluate the complex effects of campus green spaces on academic achievement and student well-being.*

It has long been acknowledged that green spaces are essential to sustainable construction in colleges and universities. It still needs to be fully studied to understand their impact on student's academic achievement and well-being. This study measures the impact of campus green areas on student outcomes using a thorough, multi-dimensional analysis.

There are several methods, including campus sustainability initiatives, internships and experiential learning, community engagement, and research projects, that can be used to link academic success with sustainability.

We investigate the complex relationship between green spaces and different aspects of student life using a combination of quantitative data and qualitative judgments. The following aspects of sustainability are covered in this study: social interaction, mental health, physical health, and cognitive function:

Physical well-being: Access to good food sources, open spaces, clean water, and air is at the heart of sustainable living, and all of these factors contribute to better physical health outcomes.

Mental well-being: Spending time outside, in green spaces, and connecting with nature can all benefit mental health by lowering stress, anxiety, and depression.

Cognitive function: Sustainable techniques, such as energy saving, trash reduction, and green building design, help to create healthy indoor environments. These routines benefit cognitive function by increasing concentration, creativity, and problem-solving abilities.

Social interaction: Living sustainably encourages participation in the community, cooperation, and cooperative efforts to address environmental challenges. The foundation of sustainable living is having access to safe food sources, green spaces, and clean air and water.

We explore how green areas can improve mental state, reduce stress, and encourage students to be happier and healthier. Our study highlights the collective value of green areas as platforms for environmental education, community involvement, and social interaction, in addition to their benefits. We probe into their capacity to cultivate a sense of belonging, foster ecological literacy, and promote sustainable behaviours among campus residents.

This multi-dimensional analysis attempts to provide a comprehensive understanding of the effect of campus green spaces on student well-being and academic achievement by synthesizing empirical evidence and theoretical concepts. our research provides insightful information for administrators, instructors, and campus planners who want to use green infrastructure to promote healthier, more encouraging learning environments

Keywords: Mental Well-being, Green Infrastructure, Sustainable behaviours, Social interaction, Ecological literacy

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