

Review on Herbal Toothpaste

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Abstract: Herbal toothpaste is also one of the products which are available in the market & we can use in our daily life. People are either stick to old brands and keep trying it or buying without knowing the real effect of product. Herbal toothpaste is a paste or gel dentifrice used to clean and maintain the aesthetic and health of teeth. Toothpaste is designed to target specific issues inside the mouth, like whitening teeth, eliminating food debris, prevent from caries & reducing sensitivity. Toothpaste is a part of our daily oral hygiene routine. Many dentists recommend to use herbal toothpaste to treat disorders like sensitivity and chronic gingivitis etc. In recent year dental caries is the most common health problem in the world. Azadirachta Indica also known as neem is being used in India from ancient as a toothbrush in oral hygiene. Herbal toothpaste is containing numerous herbs like Ginger, Amala, Clove, Neem, & Peppermint which have the ability to remove the plaque, freshen our breath and also prevent various gum diseases. Herbal toothpaste gives the significant action like fluorinated chemical toothpaste. Fluorinated toothpaste leads to fluorosis which weaken the bone for this purpose herbal toothpaste is the best choice for adults and children. There are numerous products available in the market as anticaries and antiplaque effect. Toothpaste protects, cleans and polishes teeth. It makes oral hygiene more efficient. Review says that the herbal toothpaste contain herbs also gives same effect like chemical toothpaste

Keywords: Herbal toothpaste, Oral hygiene, Chronic gingivitis, Neem, Periodontitis, Ginger, Clove, Antiplaque, etc

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