

Autism Spectrum Disorder Determent: A Lifelong-Oriented Strategy

Neha¹ and Dr. Aparna Pandey²

Department of Nursing^{1,2}

Shri Jagdishprasad Jhabarmal Tibrewala University, Jhunjhunu Rajasthan, India

Abstract: *A complex and highly heritable disorder, autism spectrum disorder (ASD) is caused by a combination of environmental variables and genetics that combine to enhance the disorder's risk and produce a range of clinical presentations and outcomes. Furthermore, throughout the first three years of life, children with ASD "create" what we understand to be autism syndrome due to the underlying, intrinsic deficiencies in social attention and interaction that are associated with the disorder. Later in life, an individual with ASD's quality of life and adaptability will be determined by their training and education, the existence and management of comorbidities, and social and vocational support throughout their career. In light of the overall prevalence of ASD, investigating preventative measures appears to be a financially prudent endeavor. We approach prevention in this study from a life course perspective. We will go over the options for controlling risk factors from the time of conception to the birth, for early intervention throughout the first three years of life, and for providing guidance and assistance from childhood to adulthood*

Keywords: Autism Spectrum Disorder; prevention; life course approach; risk factors; early intervention