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## A Comparative Review on Epilepsy and its Treatment Options

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**Abstract:** Today, people are confronted with various types of stress in everyday life and the majority of people around the world are affected by various neurological diseases. Epilepsy is one of the most common brain diseases that affects about 50 million people worldwide, 90% of whom come from developing countries. Genetic factors, brain infections, strokes, tumors, high fever and other diseases cause epilepsy. It places a heavy economic burden on the health system in countries where stigma and discrimination are found against patients and their families, especially in communities, workplaces, schools and homes. Many epilepsy patients suffer from severe emotional pain, behavioral disorders and extreme social isolation.

## Keywords: Epilepsy

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