

Prevalence and Determinants of Childhood Overweight Among Schoolchildren Aged 9–15 Years in Yavatmal District, Maharashtra

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Abstract: *The global surge in childhood overweight and obesity poses a critical public health challenge, affecting both developed and developing nations. In India, rapid urbanization and lifestyle transitions have contributed to increased consumption of processed foods and decreased physical activity among children. This shift has led to rising rates of overweight and obesity, associated with hypertension, diabetes, and psychological issues, and persisting into adulthood. While extensive research exists in major Indian cities, limited data are available from smaller districts. This study addresses this gap by assessing the prevalence and factors contributing to childhood overweight in Yavatmal district, Maharashtra, which includes diverse socio-economic contexts.*

Keywords: Childhood overweight, Obesity, Yavatmal district.