

# Review on Diabetes Mellitus Type 1 and Type 2

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**Abstract:** *Diabetes mellitus also called as simply Diabetes. It is a chronic medical condition of high blood sugar level over prolonged period. There are two types of diabetes Type 1 and Type 2. Type 1 is typically diagnosed in adolescence, Childhood which results from immune system attacking and destroying insulin producing Beta cells in pancreas. Type 2 diabetes diagnosed in adulthood which is insulin resistance. It includes thirst, weight loss, frequent urination, fatigue, blurred vision, etc. Diagnosis is based on Blood test including sugar levels, Glucose tolerance and HbA1C measurements.*

**Keywords:** chronic, adolescence, resistance, Tolerance

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